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Cellular and Molecular Study of Vascular Damage during Systemic Sclerosis

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ABSTRACT

Systemic Sclerosis is a devastating vascular, connective and a multisystem autoimmune disease characterized by fibrosis of skin and internal organs, exhibiting various forms of disease conditions. Pulmonary arterial hypertension (PAH) is one of the clinical manifestations that arise as a result of cellular and molecular vascular damage in the vascular wall, and is one of the leading causes of death in systemic sclerosis (SSc). SSc-PAH is a progressive depleting condition that can lead to right-sided heart failure and death. Oxidative stress is largely evidenced in the development of arterial hypertension in SSc. This may give rise to unbalanced redox homeostasis that could further bring about vascular remodeling characterized by Vascular Smooth Muscle Cells (VSMC) hypertrophy and hyperplasia and ECM deposition leading to subsequent obliterative vasculopathy and vessel occlusion. So it is likely that circulating pro-oxidant factors may be involved in the pathogenesis of SSc-PAH by inducing VSMCs activation and phenotypic switch. So we speculate, that in SSc patients associated with Pulmonary Arterial Hypertension (PAH), circulating factors may drive an aberrant vascular remodeling by exerting pro-oxidant and pro-fibrotic effects on Human Pulmonary Arterial Smooth Muscle Cells (HPASMCs) and activate collagen I synthesis. To test this hypothesis, we exposed primary Human Pulmonary Artery Smooth Muscle Cells (HPASMCs) to serum obtained from SSc patients with or without PAH and healthy donors (HD) and looked for the production of reactive oxygen species (ROS) and collagen I synthesis. From our study, we found that SSc-PAH patients' circulating factors exhibited prooxidant effect by inducing ROS generation through NOX2 in HPASMCs and we also found that, circulating factors exhibited pro-fibrotic effect by inducing activation of collagen I synthesis in HPASMCs via ERK signaling, thus asserting the vascular damage in SSc patients.

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ABBREVIATIONS

Systemic Sclerosis(SSc)

Limited cutaneous SSc (lcSSc)

Diffuse cutaneous SSc (dcSSc)

Vascular smooth-muscle cells (VSMCs)

Pulmonary Arterial Hypertension (PAH)

Vascular remodeling (VR)

Oxidative Stress (OS)

Reactive Oxygen Species (ROS)

Nicotinamide Adenine Dinucleotide Phosphate-Oxidase (NADPH Oxidase or NOX)

Human Pulmonary Artery Smooth Muscle Cells (HPASMCs)

Pulmonary Artery (PA)

Endothelin (ET)

Extracellular signal-regulated kinase (ERK)

Right heart catheterization (RHC)

Healthy donors (HD)

Right ventricular systolic pressure (RVSP)

Dichlorodihydrofluorescein-diacetate (H2-DCFDA)

Collagen type-I(COL1A1)

Lentiviral vector (LV), Forced vital capacity (FVC)

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CHAPTER 1. INTRODUCTION

CHAPTER 1. INTRODUCTION

1.1 Historical Background and Definition of Systemic Sclerosis

Systemic Sclerosis (SSc) is also called as Scleroderma or Systemic Scleroderma or Familial Progressive Scleroderma or Progressive Scleroderma. The first recitation of skin diseases consubstantial to SSc were reported as early as Hippocrates (460 - 370 B.C.), that are cited by the detailed historical account of SSc by Rodnan and Benedek in 1962 [1, 2]. However, Italian physician and dermatologist Carlo Curzio in 1753 [3] was the first to describe this disease condition. He reported about a 17-year old woman who had excessive tension and hardness of skin and she could hardly move her limbs. Goetz gave the name progressive systemic sclerosis or systemic sclerosis in 1945 [4], and this has become widely accepted term for this disease. Scleroderma was recognized as a clinical entity in mid-19th century with its present name [5].

More than 20 descriptive names had been proposed in the 19th century before this disease condition was named as *sclerodermie or scleroderma*. Systemic Sclerosis is derived from the Greek words '*scleros*' and '*derma*', means thickened, hardened skin. It is integrated by two words Systemic and Sclerosis where in Systemic refers to affecting a particular body system, or circulating through the entire body and Sclerosis refers to abnormal thickening or hardening of a body part. It is a connective tissue and a chronic multisystem autoimmune disease characterized by vasculopathy, diffuse fibrosis of skin and various internal organs. Systemic sclerosis involves hardening of internal organs and stops them working normally. It is a rare, heterogeneous and a slow-motion disease, but can be very serious. It varies greatly from person to person and hence there are many symptoms and problems that may progress or evolve with systemic sclerosis. As of now, there is no cure for scleroderma but effective treatments for some phenotypes of the disease are available.

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1.2 Classification of SSc

There are mainly two classes of SSc, named as **Localized & Systemic Scleroderma**. Localized scleroderma does not involve internal organs. But systemic scleroderma has been given more importance due to its involvement of internal organs. It has two subsets based on the extent of skin involvement (as shown in Fig. C) , namely **Limited cutaneous SSc (lcSSc)** with skin involvement distal to the elbows and knees, with or without involvement of face and **Diffuse cutaneous SSc (dcSSc)** with skin involvement of the proximal limbs and/or trunk [6, 7]. The distinguishing features between the both the subsets are explained in the table below [8].



Figure C: Skin involvement in LSSc & DSSc

Baltimore 2002; Ferri C. et al (Medicine) 81(2):139-153.

Diffuse	Limited
ILD (severe in 15%)	ILD (severe in 15%)
Heart (severe in 10%)	Minimal heart
Pulmonary hypertension (5–10%)	Pulmonary arterial hypertensior (10–15%)
Kidney (severe in 10–15%)	Minimal kidney
Large joint contractures	Concurrent Primary biliary cirrhosis (6–8%)
Worse survival overall	

Table 1.Distinguishing Fetures:LSSc & DSSc Dinesh Khanna. Indian Journal of Rheumatology June 2010

1.3 Pulmonary Hypertension

There are several heterogeneous clinical manifestations of SSc involving cutaneous, vascular, pulmonary, gastrointestinal, endocrine, neurologic, cardiac, renal and muscoskeletal. Pulmonary hypertension is one of the serious manifestations that develop in SSc patients. Actually, pulmonary hypertension is an abnormal increase of the pressure in the blood vessels of

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the lungs. This is usually called as the "high blood pressure" of the lungs. In normal functioning of lungs, the pressure in the blood vessels is about onequarter of the pressure in the arteries of the body and this can temporarily adapt to increased pressures that occur during exercise [9]. But during pulmonary hypertension, in the lungs, small arteries are very much narrow, that's why the pressure rises in these vessels. Because of this, the right side of the heart, which pumps blood into the lungs, will have to pump against a higher resistance of blood flow. This would cause more difficult to pump the blood through the lungs, exactly when increased flow is needed, in a patient when exercises [9].Pulmonary arterial hypertension (PAH) is described as a progressive condition characterized by elevated pulmonary arterial pressures causing right ventricular (RV) failure [10]. In medical terms it is defined as an increase in mean pulmonary arterial pressure (mPAP) ≥ 25 mm Hg at rest as assessed by right heart catheterization [11,12]. Different hemodynamic definitions of PH are described based on pulmonary capillary wedge pressure, pulmonary vascular resistance (PVR) and cardiac output (CO). Clinical groups 1, 3, and 4 are of pre-capillary PH, group 2 compose post-capillary PH [13-19] and group 5 linked to PH with unclear or multifactorial etiologies.

1.4 Classification of Pulmonary Arterial Hypertension (PAH)

The revised classification comprises of 5 different types of PAH, with the inclusion of subclasses & their subtypes [13, 16-19]. They are as follows.

- 1. Pulmonary arterial hypertension
- 2. Pulmonary hypertension due to left heart disease
- 3. Pulmonary hypertension due to lung diseases and/or hypoxia

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4. Chronic thromboembolic pulmonary hypertension (CTEPH)

5. Pulmonary hypertension with unclear multifactorial mechanisms

PAH or Group 1 PH include PAH having different etiologies. The pathological characteristics of this group involve pulmonary arterial endothelial cell (EC) dysfunction, pulmonary artery EC and smooth muscle cell (SMC) proliferation, vasoconstriction and in situ thrombosis [20]. The sub-groups of PAH include common clinical characteristics and share similarities in terms of management [17]. PAH remains an incurable disease process, even though there are many new available therapies from the last two decades. If PAH not interrupted, would leads to right heart failure and death [22, 23, 24].

1.5 Systemic Sclerosis-associated Pulmonary Arterial Hypertension (SSc -PAH)

The existence of a small vessel vasculopathy is one of the distinguishing features of SSc & hence SSc patients are at greater risk of developing & arriving at disease condition called PAH. This disorder is now admitted as the major cause of morbidity and mortality. So the newest (2013) American College of Rheumatology / European League Against Rheumatism (ACR/EULAR) classification criteria has given importance & recognition to it and provided equal weight and consideration to SSc-PAH as similar to other manifestations of SSc. PAH is a life-threatening ailment, which could rapidly progress to severe right heart failure [13, 14]. The prevalence of PH in connective tissue diseases is usually estimated on the basis of echocardiographic examinations, however most of the recent studies show that for systemic sclerosis (SSc), PH assessment depends on the basis of strict hemodynamic criteria [25,26,27]. Pulmonary arterial hypertension (PAH) is described as a progressive pulmonary vascular disease that involves

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narrowing or tightening or constriction of the pulmonary arteries that connect the right side of the heart to the lungs. PAH is characterized by an increase in mean pulmonary arterial pressure (PAP) to \geq 25 mmHg at rest, and a mean primary capillary wedge pressure of \leq 15 mmHg [15]. As PAH progresses, the blood flow through the pulmonary arteries is restricted and because of this, there occurs an enhanced strain of pumping blood through the lungs, resulting in the enlargement of the right side of the heart. As a result of this strain on the heart and also due to the reduction in blood to the left heart and also to the systemic circulation through the lungs lead to usual symptoms of PAH, such as *Dyspnea (breathlessness), fatigue, weakness, Exertional syncope, angina, and abdominal distension* [12].The parameter that indicates a high risk of future development of PAH in patients with SSc is the existence of 'borderline' pressures aligning between 21 and 24mmHg [28, 29].

1.6 Epidemiology of SSc-PAH

PAH is caused by the pulmonary vascular remodeling and can either occur alone (SSc-PAH), or may advance secondary to pulmonary parenchymal involvement resulting as interstitial lung diseases (ILD-PH). ILD-PAH is the most frequent and a serious complication of SSc. It occurs in 75% of cases and is more frequent in diffuse cutaneous SSc (DcSSc) [30-33]. Based on right heart catheterization (RHC), the prevalence of PAH other than ILD-PH is between 7.85 and 12% [30, 31] and more common in later stage of limited cutaneous SSc (LcSSc). Isolated PAH (SSc-PAH) is more common in LcSSc, when compared to DcSSc, however few recent studies [30-38] suggest that the prevalence of PAH is similar in both limited and diffuse cutaneous SSc patients. SSc-PAH has worse prognosis than that of IPAH [39] and patients are at higher risk of death than IPAH patients. Even though both types share

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similar histopathological & haemodynamic characteristics but estimated oneyear survival rates are 55% and 84%, respectively [40]. PAH among patients with SSc is estimated to be 0.61 cases per 100 patient-years [41]. Median survival time of SSc patients with PAH is between 1 to 3 years [40, 42] and SSc patients with ILD alone have a median survival of 5–8 years [43].

1.7 Subtypes of PAH in SSc

Pulmonary hypertension, defined by mean pulmonary arterial pressure greater than 25 mm Hg, can be isolated in SSc, occurring as PAH (SScassociated PAH or SSc-PAH), and this one is due to pulmonary vascular remodeling. The other subtype is in combination with ILD [pulmonary hypertension (PH)-ILD] or (ILD-PH) [44,45], which may develop secondary due to parenchymal involvement.

A. Isolated Pulmonary Arterial Hypertension {IPAH} (in the absence of significant pulmonary fibrosis or Interstitial Lung Disease)

PAH in SSc patients without pulmonary fibrosis or ILD is a severe complication due to narrowing or occlusion of small pulmonary arteries caused by smooth muscle hypertrophy, intimal hyperplasia, inflammation, thrombosis in situ. The breathlessness (dyspnea) progression rate from normal exercise tolerance to oxygen dependency is about 6–12 months & the mean duration of survival is 2 years. Unlikely, SSc patients with PAH with respect to interstitial lung disease have a same degree of disability, but the difference is that they progress more slowly for a period more than 2, up to 10 years [46-50]. The prevalence of Isolated PAH in SSc (without significant

pulmonary fibrosis) is between 7 and 12% of patients [11]. However, the most frequent type of pulmonary hypertension in SSc patients is Group I PAH [51].

B. PAH associated with pulmonary fibrosis

With either of both the (diffuse or limited) forms of the disease, more than one third of SSc patients have pulmonary fibrosis. The clinical tests have revealed alveolar, interstitial, peribronchial and pleural fibrosis. This kind of PAH has relatively slow progression & has gradual elevation in the resistance of pulmonary vasculature resulting in the widespread pulmonary fibrosis [47]. ILD is prevalent in up to 75% of SSc cases and is more frequent in diffuse cutaneous SSc (DcSSc), being often complicated with pulmonary hypertension, plays significant role in PAH development [45].

1.8 Introduction and Biochemistry of Oxidative Stress (OS).

From long time it has been known that Oxidative stress plays a major role in the pathogenesis and vascular damage of SSc-PAH, which is elucidated by the abnormal redox state in SSc patients [52]. It is well documented that ROS mediates vascular damage in the vascular wall [53]. "Any species which is capable of independent existence and contains one or more unpaired electron in atomic or molecular orbitals" are termed as free radicals [54] and also called by the name Reactive Oxygen Species (ROS). Since free radicals possess atomic structure that has an unpaired electron in the outer orbital, gives them a special configuration of great instability. This provides it very un-stable state, making it short-lived and extremely reactive, with a tremendous capacity to interact nonspecifically with the diverse set of molecules of the cell structure such as carbohydrates, lipids, proteins and nucleic acids [55].Prooxidant denotes to any endobiotic or xenobiotic that induces oxidative stress either by generation of ROS or by inhibiting antioxidant systems. It can include all reactive, free radical containing molecules in cells or tissues [56]. Pro-oxidants may be broadly classified into two categories as *Exogenous* and *Endogenous*. Exogenous pro-oxidants include pro-oxidants derived from dietary ingredients, toxicants, drugs, pathogens, environmental pollutions and climate. Endogenous pro-oxidants include pro-oxidants derived from endogenous metabolites, drug metabolites, cellular metabolism, ion flux, anxiety, pathophysiology and ischemia [56].These pro-oxidants may be present in the circulatory fluid (CF) which can induce OS in the vascular wall leading to vascular morbidities such as SSc-PAH and (CF) can be used to study the OS or vascular damage related pathophysiology of the vascular diseases.

1.9 Role of Oxidative stress in Cellular and Molecular Vascular Damage of SSc-PAH

Oxidative stress (OS) has been recognized as an important triggering agent in inflammatory processes within the vascular wall, especially in the setting of systemic arterial disease [57]. OS may mediate through activation of mononuclear cells [58, 59] with infiltration of inflammatory cells in pulmonary perivascular spaces within and around plexiform lesions [60–62]. In the vasculature of HT patients, ROS are formed in high concentrations that cannot be balanced by the normal protective antioxidant mechanisms employed by the cells, resulting in oxidative stress [64]. As a result, $\bullet O_2^-$ reacts with nitric oxide (NO) to produce a dramatic concentration of the toxic peroxynitrite (ONOO_) which stimulates a variety of negative effects on cellular function involving alteration in the functioning of kinases, protein synthesis, and redox-sensitive genes [65-67]. There exists a strong relationship between BP and some parameters related to OS [68]. It has been

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shown that ROS production is elevated with the redox-dependent signaling amplified and antioxidant activity reduced in cultured vascular smooth muscle cells of arteries from hypertensive rats and humans [69, 70]. Reactive oxygen species (as depicted in Figure D) are known to play a significant role in intracellular signal transduction and trigger many growth-associated pathways in vascular smooth muscle cells. signaling comprising phosphorylation-mitogen activated protein arterial pressure (MAP) kinases (p38 and ERK5) and others [71-84]. ROS stimulate STATs, activate Akt by Ang II and activate tyrosine kinases and tyrosine phosphatases, and activate ras as well [71, 83]. These signaling events would lead to redox-sensitive growth in vascular smooth muscle cells, proliferation, hypertrophy, which eventually would confer to vascular wall thickening and remodeling (as depicted in Figure D) in hypertension [71-99]. The organization of membrane myofilaments poses a great impact on the integrity of vascular smooth muscle cell morphology and ROS can cause severe morphologic and structural alterations resulting in the vast damage of the cellular cytoskeleton. Thus ROS are involved in endothelial dysfunction, increased reactivity, and vascular remodeling which are the characteristic features of vascular damage in hypertension [104] related to SSc as well as in IPAH.

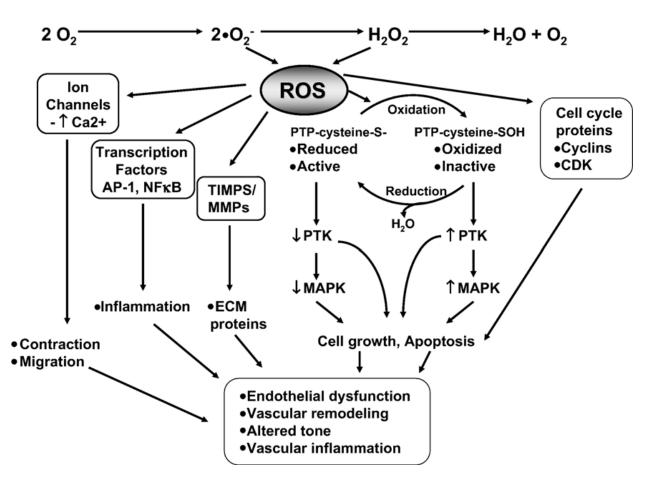


Figure D. Redox-dependent signaling pathways in vascular smooth muscle cells. Intracellular reactive oxygen species (ROS) modify the activity of protein tyrosine kinases (PTK), such as Src, Ras, JAK2, Pyk2, PI3K, and EGFR, as well as mitogen-activated protein kinases (MAPK), particularly p38MAPK, JNK and ERK5. These processes probably occur through oxidation/reduction of protein tyrosine phosphatases (PTP), which are susceptible to oxidation and inactivation by ROS. ROS also influence gene and protein expression by activating transcription factors, such as NF-nB, activator protein-1 (AP-1) and hypoxia-inducible factor-1 (HIF-1). ROS stimulate ion channels, such as plasma membrane Ca2+ and K+ channels, leading to changes in cation concentration. Activation of these redox-sensitive pathways results in numerous cellular responses which, if uncontrolled, could contribute to hypertensive vascular damage.ECM, extracellular matrix; MMPs, matrix metalloproteinases; TIMP, tissue inhibitor of matrix metalloproteinase. Tamara M and R.M.Touyz .Redox signaling in hypertension. Cardiovascular Research 71 (2006) 247 – 258.

1.10 Role of Oxidative Stress in Vascular Remodeling in SSc-PAH

Vascular remodeling is an active process of structural change that relies on active interactions between local growth factors, vasoactive substances, and hemodynamic stimuli and is an active process that arises in retort to longstanding changes in hemodynamic conditions and leads to the pathophysiology of vascular diseases. It is well documented that OS plays significant role in Vascular Remodeling in SSc-PAH. During this process, the arterial system endures structural remodeling that involves hypertrophy of the arterial wall and increased wall-to lumen ratio and accompanying decreased arterial distensibility. The stage when the remodeling process develops maladaptive, it carries further vascular damage followed by endothelial function, enhanced impaired reactivity, and vascular inflammation. In the condition of hypertension, OS promotes VSMC proliferation and hypertrophy, collagen deposition, and alterations in activity of MMPs, which results in thickening of the vascular media and arterial remodeling [103]. It has reported that Superoxide anion and H_2O_2 excite several growth factor-like cellular responses, such as intracellular alkalinization, MAP kinase phosphorylation, and tyrosine kinase activation [71]. In hypertension, OS not only influences arterial structure, media thickening but also eventually influences & affects complete vessel redox state. So vascular wall thickening increases the distance required for diffusion of oxygen from the lumen. With this, there would be a reduced pO_2 , which results in incomplete oxidation and increased concentrations of free radicals and abnormalities of the oxidant state. With this overall excess of OS state in hypertension, would further lead to vascular smooth muscle cell growth, endothelial dysfunction, and over-all vascular damage [104]. This would lead to progressive increase in pulmonary vascular resistance, pulmonary arterial pressure, and right ventricular (RV) pressure overload. Initially,

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compensatory mechanisms in the right ventricle preserve the stroke volume and cardiac index, but as the limits are crossed, cardiac failure and death follow.

1.11 Involvement of NOX in SSc-PAH

The activation of vascular NAD (P) H Oxidase plays a pivotal role in vascular functional and structural changes for the development of hypertension [67]. The NOX1 (NADPH oxidase 1) and NOX2 oxidases are the major sources of

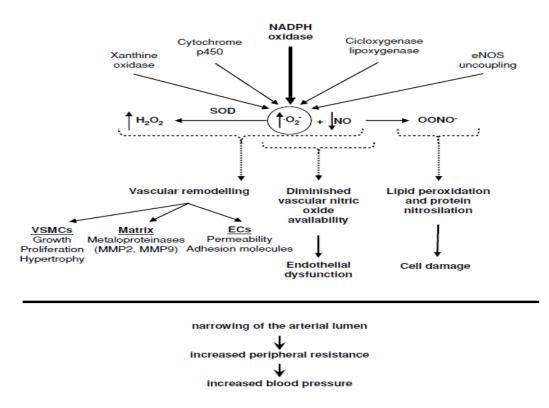


Figure E. NADPH oxidase(NOX) a major component involved in generation of ROS, leading to OS, Vascular Remodeling & Vascular Damage in SSc-PAH {Ana Fortuno et al. Oxidative stress and vascular remodeling. Exp Physiol 90.4 pp 457–462(2005)}.

ROS in the artery wall in hypertension as well as in SSc-PAH, and thus are formed to be important contributors [63] to the oxidative stress that would lead to vascular damage[105-108]even in the premature stages[109, 110] of vascular disease. The abnormal vasoconstriction in the vascular wall by hormones, such as endothelin-1, angiotensin II, or urotensin II is mediated by ROS [111] produced, majorly by NOX2.ROS derived from NOX isoforms, in particular NOX2 and NOX4, are evident to be involved in long-term responses of the pulmonary vasculature to hypoxia [112-115]. NOX2 is involved in hypoxia induced endothelial dysfunction in the intrapulmonary arteries [115].Increased level of NOX was documented in the pulmonary artery smooth muscle cells (PASMCs) in hypoxia dependent development of PAH in mice [113]. As illustrated in the above **Figure E**, NOX more specifically NOX2, by generating ROS, contribute to the narrowing of the arterial lumen and consequently to increased peripheral resistance and blood pressure, thus leading to Hypertension in SSc patients.

1.12 Involvement of ERK in Collagen Synthesis in SSc-PAH

There are many signaling pathways involved in the regulation & synthesis of Collagen. The MAPK/ERK pathway is one of the predominant one among them [116,117].In both the vasoconstriction and vascular smooth muscle cell growth, extracellular signal-regulated kinase (ERK) is involved, which is a member of the mitogen-activated protein kinase family [118]. From the reports of hypertension in animal models, it has been showed that ERK activity is raised in vascular smooth muscle cells, and inhibition of ERK activation reduces both vascular smooth muscle cell growth and vasoconstriction [118,119]. ERK1 and ERK2 are the extensively explored, even though other isozymes of ERK are present. Activation of ERK can happen through stimulation of either a G protein-coupled receptor or a growth factor

receptor, and this can be followed by activation of the Ras, Raf, mitogenactivated protein kinase pathway [118, 119]. There are evidences which reveals that, activation of ERK through G protein-coupled receptors can happen (as shown in Fig: F) through direct activation of the Ras, Raf, or mitogen-activated protein kinase pathway, or through transactivation of a growth factor receptor, such as EGFR. This might happen through activation of a matrix metalloprotease and succeeding cleavage of a membrane-bound ligand such as heparin-binding epidermal growth factor (EGF), leading to release of the ligand and activation of the receptor. In other way, activation of the G protein-coupled receptor could lead to tyrosine phosphorylation of the epidermal growth factor receptor [118]. However, there are few evidences suggesting that ERK activation occurs via ROS, but the mechanism needed to be elucidated [120].

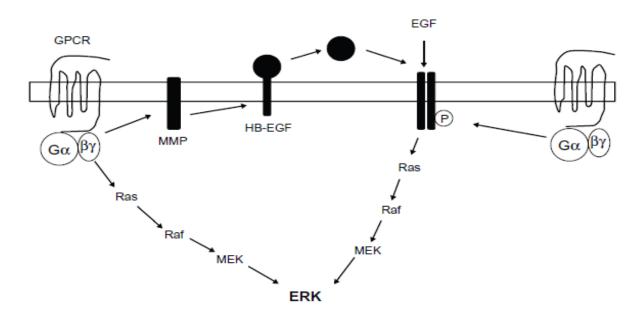


Figure F. Schematic diagram summarizing the potential mechanisms of extracellular signal-regulated kinase activation. *Richard E Roberts. The extracellular signal-regulated kinase (ERK) pathway: a potential therapeutic target in hypertension. Journal of Experimental Pharmacology Aug. 2012.*

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It has been shown that activation of ERK is linked with changes in gene transcription and cell proliferation [118]. Activated (as shown in Fig: F) ERK is known to be involved in Collagen synthesis and has been reported in various types of cells including VSMCs.

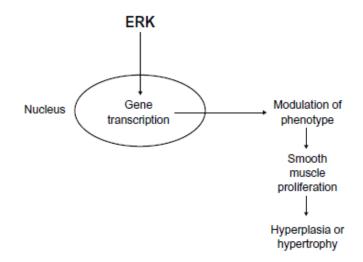


Figure G: Schematic diagram summarizing the effect of extracellular signal-regulated kinase on vascular smooth muscle cell growth and proliferation through effects on gene transcription. Richard E Roberts 2012.

Undeniably, changes of primary vascular smooth muscle cells from a contractile to a proliferating phenotype are associated with prolonged ERK activation [118] and the accompanying synthesis of collagen. This could progress the disease conditions such as IPAH, SSc-PAH and stenosis in which there is elevation in vascular smooth muscle cell growth, collagen synthesis and subsequent aberrant vascular remodeling (hypertrophy or hyperplasia).

CHAPTER 2. AIM OF THE WORK

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An important note to assign SSc straight to vascular morbidity is because the vascular bed is a primary site of injury [32, 38, 44, 48, 121], and diffuse devascularization of multiple tissues is the major consequence. Hence, SSc is termed as Vascular Disease. Even, the course of the pathogenesis clearly shows the mode of vascular complications that line from the onset of the disease till late clinical manifestations. Raynaud phenomenon (RP) is observed in all most all SSc patients & is one of the earliest symptoms seen in SSc patient. When looked at cellular level, it is the clinical manifestation that involves abnormal functioning of cutaneous vessels that happens due to the thermal regulation of blood flow [122-124]. RP occurs before the onset of clinical signs of tissue fibrosis. The vascular abnormalities that begin & participate in this disease condition have prompted to better understand the disease course from the vascular point of view, which could help in finding out cellular & molecular hints that set the vascular damage during systemic sclerosis. Pulmonary involvement occurs in at least two thirds of systemic sclerosis patients and about 10-15% of them will develop severe lung disease during the course of their illness. Pulmonary disease has surpassed renal disease and is now the leading cause of death amongst patients with scleroderma [34, 44, 45]. It is estimated that 80% of patients with SSc have some evidence of pulmonary disease. The estimated mortality of pulmonary disease from all causes is said to be 33% [34, 35, 41]. Moreover, pulmonary involvement has a poorer prognosis [39]. Pulmonary arterial hypertension (PAH) is a grimly progressive life-threatening & a serious condition which prematurely takes a toll on many lives. Systemic sclerosis-related pulmonary arterial hypertension (SSc-PAH) is a major complication of both limited and diffuse systemic sclerosis that leads to substantial morbidity & mortality. SSc-PAH has emerged as a leading cause of death [38, 44]. These are some of the reasons that have prompted us take up this study. In vascular smooth muscle cells, it has been shown that there was an elevation in protein tyrosine kinase

activity and tyrosine phosphorylation in response to cooling and are linked to excessive alpha2-adrenergic response and shown that increased level ROS activate of Rho/Rho kinase pathway and up-regulates alpha2c-adrenergic receptors on the surface of vascular smooth muscle cells, thus determining an excessive vasoconstrictive response to cooling [122-124] and clearly showing that ROS[52] are involved in the early pathogenesis. Structural alterations of small and medium-sized arteries contribute to RP involving Smooth muscle cells & endothelial cells, thus leading to Vascular remodeling as result of deposition of extracellular matrix (ECM) and fibrosis. These above mentioned participations of SMCs prompted us to use this type of cells as an ideal cell model to study SSc-PAH. In hypertension, OS besides influencing arterial structure, media thickening, also eventually influences & affects complete vessel redox state [125,126]. Hence, vascular wall thickening would lead to increase in the distance required for diffusion of oxygen from the lumen thus resulting in reduced pO2, which leads to incomplete oxidation and increased concentrations of free radicals and abnormalities of the oxidant state [52]. This overall excess of OS state in hypertension, would further lead to vascular smooth muscle cell growth, endothelial dysfunction, and over-all vascular damage [125,126]. Many circulating factors have been shown to be associated in the pathogenesis of Raynaud's phenomenon related to SSc, involving in platelet activation, impaired fibrinolysis, white blood cell activation, reduced red blood cell deformability and oxidative stress [122,127]. Due to OS, there occurs an unbalanced redox homeostasis, and circulatory factors may contain the endogenous derived factors which can exhibit the pathophysiology state that is caused by the OS. Thus the circulatory factors play very significant roles in the assessment of SSc-PAH, wherein they could be used to study the pathophysiology that has been exerted by OS. In such condition the blood as the circulatory fluid may have ROS or free radicals or pro-oxidant factors, activated growth factors, cytokines or molecules in it, which may direct in

activating the pulmonary arterial smooth muscle cells, endothelial cells or the complete vascular bed with the wrong signals formed by the abnormality caused by OS or other factors. From previous reports, it is well evident that NOX are the major contributors of ROS in the vascular wall. It has been shown that NOX2 subunit involved in generation of large amounts of ROS, and so inhibiting or deleting NOX2 or p47phox subunits significantly reduced vascular oxidative stress in several disease models [106, 129-136]. So there is a strong rationale for therapeutically targeting NOX2 oxidase in the arterial wall for the treatment of vascular disease such as SSc-PAH, so as to combat the oxidative stress and prevent the progression of vascular disease such as SSc-PAH.It is has been suggested that the high mortality in SSc-PAH may be due to excessive collagen content in the heart and the pulmonary arteries [137]. Vascular collagen content has impact on hemodynamics of SSc-PAH, which is due to the overproduction of collagen throughout the body. However, it has been reported that excessive PA collagen accumulation is linked to increased PA stiffening and has been shown that excessive PA(Pulmonary Artery)collagen accumulation elevates (pulmonary vascular impedance) PVZ or right ventricular afterload [138-142]. So, whether sera of SSc-PAH stimulate collagen synthesis has become one of the objectives of this study. From the reports it is known that MAPK/ERK is the predominant pathway involved in the regulation & synthesis of Collagen and there are evidences reporting that ERK activation occurs via ROS [120] but the mechanism is not clearly understood. ERK signaling contributing to the overexpression of profibrotic proteins in scleroderma fibroblasts as well as VSMCs is unclear. Hence, targeting ROS and as well as collagen synthesis by inhibiting ERK or ROS-mediated ERK could potentially be an important pharmacological treatment of hypertension in SSc. By gathering the above background, it can be explained collectively, that OS is involved in the Vascular Damage of SSc-PAH. This leads to the state of unbalanced redox homeostasis and generate large amount of ROS by stimulating growth factors & cytokines. These factors

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may be present in the circulatory fluid and can be detected and their effect can be analyzed in in-vitro. This ligand stimulated change in the cellular redox state could lead to vascular remodeling characterized by VSMC hypertrophy & hyperplasia and ECM deposition leading to subsequent Obliterative Vasculopathy. Hence, it can be hypothesized that in SSc patients associated with Pulmonary Arterial Hypertension (PAH), circulating factors may drive an aberrant vascular remodeling by exerting pro-oxidant & Pro-fibrotic effects on Pulmonary Arterial Smooth Muscle Cells (PASMCs) and activate collagen I synthesis.

CHAPTER 3. MATERIALS AND METHODS

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3.1. Materials

Smooth Cell medium was purchased from ScienCell Research Labs, Fetal Bovine Serum (FBS) purchased from Invitrogen, rat tail Collagen I coating agent, ERK Inhibitor PD98059, DMEM were purchased from Sigma-Aldrich, GFP-based Lentiviral Particle (harboring the COL1A1 promoter having COL1A1-LV-tGFP and EF1 α -LV-FP602) was initially purchased from Innoprot-Innovative Technologies In Biological Systems, S.L. But the production of the same Lentiviral particles was done by purchasing second generation packaging systems from Addgene,Inc. 2",7"-dichlorodihydrofluorescein diacetate (H2DCF-DA) (Molecular Probe) was purchased from Eugene, OR.NOX NOX2ds-tat was purchased from Anaspec (Fremont, CA, USA).

3.2 Cell culture and treatments.

Human Pulmonary Artery Smooth Muscle Cells (HPASMCs) purchased from Innoprot-Innovative Technologies In Biological Systems, S.L. The cell line was supplemented with specific medium(Smooth Cell medium, ScienCell). The cell culture was done by using rat tail Collagen I as a matrix or coating agent to promote adherence and attachment to provide proper cell growth. When cultured HPASMCs reach confluent stage, they were split in to 1:2 ratio and the cells were used for experiments with passage numbers below six. In routine maintenance of HPASMCs, during splitting of cells, the neutralization is done to stop trypsinization by using Neutralization Solution and Fetal Bovine Serum (FBS) in the ratio of 1:1.Experiments were done by plating required number of HPASMCs in 96-well black plates and white plates (BD Falcon, Franklin Lakes, NJ.

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For measuring intra cellular ROS 10 μ M of H₂-DCFDA (Figures 1A & 1B) was used prior to stimulation by sera and the intra cellular ROS was measured kinetically for 4hrs.

In the experiments for measuring the collagen promoter activity(Figures 2A,2B,4,6), the cells were transduced with lentiviral particles obtained from the COL1A1-LV-tGFP and EF1 α -LV-FP602 lentivectors, and then cultured in basal medium for stimulating the cells with sera and COL1A1 promoter activity were kinetically measured for 10 hours.

In the experiments (Figures 3, 4) for studying NOX involvement, HPASMCs were incubated for 1 hour with 5 μ M NADPH oxidase specific inhibitor NOX2ds-tat (NOX) before treatment with SSc sera.

In the experiments (Figures 5, 6) for studying ERK involvement, HPASMCs were incubated for 1 hour with 15 μ M of PD98059, a specific inhibitor of ERK before treatment with SSc sera.

3.3 Study Subjects.

Study subjects were enrolled by signing the informed consent and the collected data of clinical, serologic, and diagnostic criteria were according to the protocol approved by the Johns Hopkins Scleroderma Center Baltimore, Johns Hopkins University's Institutional Review Board (IRB). Through posted flyers, Healthy donors (HD) were recruited and enrolled after going through such a screening questionnaire that aimed at excluding the presence of any underlying vascular or autoimmune disease. Each SSc patient met the American College of Rheumatology criteria or had 3 of 5 features of the CREST (Calcinosis, Raynaud's syndrome; Esophageal dysmotility; Sclerodactyly; Telangiectasia) syndrome [143]. Each Patient's demographic profile, SSc

subtype, autoantibody status, Medsger severity scores, pulmonary function tests, echocardiography, and right heart catheterization parameters, modified Rodnan skin scores(mRSS) were assessed. Demographic data comprising sex, race, smoking status (never, past current) were also evaluated. Calculation of SSc disease duration was done at the time of serum sampling, by counting the years from the onset of RP or from the first non-RP symptom. RP, heart and lung severity scores were evaluated as previously defined by Medsger et al [144].

3.4 Measurements of Intracellular ROS

Intracellular ROS levels were measured by using the ROS molecular probe 2",7"-dichlorodihydrofluorescein diacetate (H₂-DCFDA). Esterases cleave the acetate groups on H₂-DCFDA within the cell, consequently trapping the reduced form of the probe (H₂DCF). Intracellular ROS oxidize H₂DCF, yielding the fluorescent product, DCF. When HPASMCs reach sub-confluent were loaded with 10 μ M of H₂-DCFDA. Then washed with PBS1X buffer followed by treatment with 5% (V/V) of sera from scleroderma (SSc) patients with pulmonary arterial hypertension (PAH), without PAH(No PAH) and healthy donors (HD)respectively in basal medium. Intracellular ROS levels were kinetically measured using GENios plus microplate reader (Tecan, Männedorf, CH) with excitation at 485 & emission at 535 respectively in a 4 hour time-course experiment (Figure 1A) and values at 2 hours (steady state) used for comparison (Figure 1B). Fluorescence measurements were corrected for background fluorescence and protein concentration.

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3.5 GFP-based Lentiviral Particle (harboring the COL1A1 promoter) Production.

Lentiviral vectors (LV) are very efficient (can exceed 90%) at transferring viral DNA into host cells and integrate stably into the host-cell genome of dividing and non-dividing cells and can provide long-term expression of the vectored transgene in target cells and thus provide great potential for gene therapeutic applications [145-148]. Because of these advantages we employed lentiviral vectors as shown below (Fig .H & I) in our study. The 2nd generation system plasmids are less bulky to use and highly efficient and have ease of use over third-generation system led us to use these in our study.

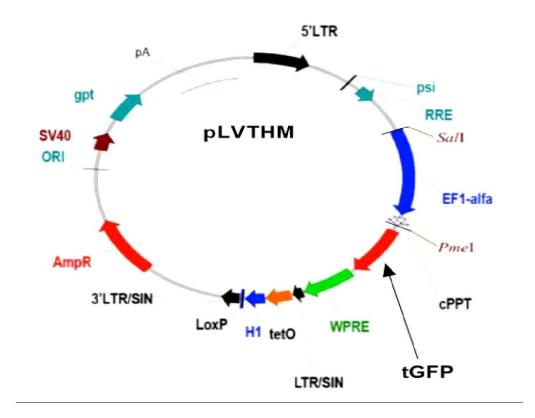


Figure H : The vector map of LVTHM transfer vector.

Description of Each Component of the Vector Map:

5'LTR 5' Long terminal repeat, contains cis regulatory regions which recruit proteins that promote transcription of full length lentivirus.Sequences here facilitate proviral integration into the host genome; an intact 5'LTR indicates that this is a 2nd generation transfer plasmid

Psi Sequence that facilitates packaging of viral RNA

RRE Rev response element: sequence to which the Rev protein binds to facilitate nuclear export of viral RNA

 $EF1\alpha$ Promoter for elongation factor $1\alpha,$ used to the expression of a marker gene such as GFP

cPPT Central poly purine tract allows nuclear import of lentivirus in host cells

GFP Green fluorescent protein used to mark successfully infected cells

WPRE The woodchuck hepatitis virus Posttranscriptonal response element augments shRNA expression

TetO Binding site for the tet repressor protein or a variant thereof which can be used to turn on or off shRNA expression

H1 Histone H1 promoter used to drive shRNA expression

LoxP Site which is recombined by the Cre recombinase in order to conditionally remove the lentiviral provirus from the host genome after successful infection and incorporation

3'LTR/SIN 3'LTR with a large deletion in the U3 region, makes the virus replication incompetent

Amp R Ampicillin resistance gene for clonal selection of transfer vector in bacteria

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C) Map of Human α(I) Procollagen Gene Promoter-Lentiviral vector-tGFP

LentiFP602: These lentiviral particles express FP602 red fluorescent protein under the EF1a promoter. This promoter is not tissue specific and highly expressed in all cell types.

LentipCOL1A1tGFP: These lentiviral particles express tGFP green fluorescent protein under the collagen type1 promoter (-804+42). This promoter is tissue specific and expressed in smooth muscle cell types.

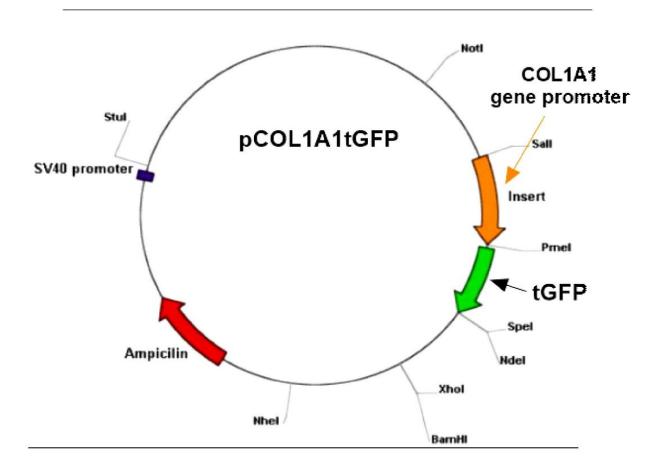


Figure I : Map of Human α (I) Procollagen Gene Promoter-Lentiviral vector-tGFP.

By using the above shown 2nd generation plasmids containing COL1A1-LVtGFP and EF1 α -LV-FP602 lentivectors, the co-transfection into human embryonic kidney 293T cells was done, and then the medium was collected 3 times at 24 hour intervals beginning 24 hours after changing the medium post-transfection. Thus lentiviral particle production was done by using 293T cells [149, 150] as described. Later purification process was performed. In this step, every sample was filtered immediately through a 0.22 mm cellulose acetate filter and stored at 40 C. The virus pellet was collected by carrying out 2hrs of ultracentrifugation at 19.4K rpm and at room temperature. Since lentiviral particles contain GFP as a reporter system, transfection was confirmed by using Fluorescent microscopy and then titration of lentiviral vectors was performed.

3.6 GFP-based Lentivirus (harboring the COL1A1 promoter) Transduction in HPASMCs.

The lentivirus transduction was done in HPASMCs by following the company protocol (Innoprot- Innovative Technologies In Biological Systems, S.L.). The determined number of HPASMCs were seeded in Smooth Muscle Cell complete medium and incubated overnight. When 50%-75% confluent, the lentiviral stock was thawed at room temperature. The culture medium was then removed and appropriate amount of this virus stock was loaded to cells and the required volume of the medium was bought by using OptiMEM. The cells were then placed in the CO₂ incubator maintained at 5% CO₂ and 37°C and the plate was carefully rotated for every 15 min for 1 hour. Later Smooth Muscle Cell complete medium was added to bring to the required volume. At around 48-72h after transduction, the Green Florescent protein production or expression was checked under fluorescence microscope.

3.7 Measurement of COL1A1 Promoter Activity

HPASMCs transduced with lentiviral vector were treated with of 5% (V/V) of sera from PAH, no PAH and HD subjects in basal medium. The kinetic measurement COL1A1 promoter activation was performed for 10 hours (Figure2A) and any deviations occurred during this course of time was studied. The steady state in the promoter activation was attained at 8hrs and the values at this time point were used for comparison (Figure 2A, 2B, 4, 6) and data were normalized for transduction efficiency by reporting the ratio of COL1A1-LV-tGFP to EF1 α -LV-FP602 Relative Fluorescence Units (RFU).

3.8 Study of NOX Involvement.

HPASMCs were pretreated with 5 μ M NADPH oxidase specific inhibitor (NOX2ds-tat, formerly gp91ds-tat) [151] for 1hr before stimulating with sera from PAH, no PAH and HD subjects and Intracellular ROS was then measured(as shown in Fig.3) as previously described to observe the NOX inhibitor effect.HPASMCs transduced with lentiviral vector (obtained from the COL1A1-LV-tGFP and EF1 α -LV-FP602) were incubated for 1 hour with 5 μ M of NOX before treatment with SSc sera from the three subjects (PAH, no PAH and HD). Then collagen type-I (COL1A1) promoter activity was measured (as shown in Fig.4) as previously described to determine whether NOX inhibitor has effect on collagen promoter activity.

3.9 Study of ERK Involvement

For studying the effect of ERK inhibitor PD98059 on Intracellular ROS, HPASMCs were pretreated with 15 μ M of ERK inhibitor PD98059 for 1hr before stimulating with sera from PAH, no PAH and HD subjects and

Intracellular ROS was then measured as described earlier. In another set of experiments for studying the effect of ERK inhibitor PD98059 on COL1A1 promoter activity, HPASMCs were pre-incubated with 15 μ M of ERK inhibitor PD98059 for 1hr before stimulating with sera from PAH, no PAH and HD subjects and collagen I synthesis was assessed as described earlier to observe the effect of this inhibitor.

3.10 Statistical Analysis

Healthy donors were matched for gender, race and smoking status. Horizontal lines indicate the median with interquartile range (Fig1A,2A). Kruskall–Wallis one-way analyses of variance followed by post-hoc Dunn's test for multiple comparisons were used to detect differences among studied groups in (Fig 1B, 2B). For studying subjects' characteristics, P values were determined by Fisher's exact test or the Wilcoxon rank-sum test, as appropriate. Wilcoxon matched-pairs signed rank test was used to determine meaningful differences between pre- and post-NOX & ERK inhibitor treatment pairs in Figures 3, 4, 5 & 6. All statistical analysis were performed using GraphPad Prism version 6.00 for Windows (GraphPad Software, San Diego, CA) and p-values <0.05 were considered to be statistically significant.

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CHAPTER 4.RESULTS

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4.1 Demographic Data and Clinical Characteristics of Subjects:

Mainly the middle age, white women were the SSc patients enrolled in this study. SSc subjects were concluded as "No PAH" (n = 17) if their right ventricular systolic pressure (RVSP) estimated by echocardiogram was \leq 35 mm Hg, and they were defined as "PAH" (n = 19) if the RVSP was >35 mm Hg. They underwent right heart catheterization (RHC) showing a mean pulmonary artery pressure (mPAP) ≥ 25 mm Hg and pulmonary capillary wedge pressure (PCWP) \leq 15 mm Hg. For this study, Healthy Donors [HD] (n = 14) were selected through such a screening questionnaire, so as to rule out any underlying autoimmune or vascular disease in the donors. In this study, patients with PAH were slightly older than No-PAH (64.0 \pm 9.4 vs 53.3 \pm 11.6; p = 0.009) and had longer disease duration (18.5 ± 9.5 vs 10.5 ± 7.3 years; p =0.01). These observations matched with most of the reports saying that PAH occurs as late age manifestation in SSc [152-156]. It was also registered that in this study, there was slight elevation in modified Rodnan skin score(mRSS) in SSc-PAH patients as compared to No-PAH $(7.3 \pm 10.3 \text{ vs } 5.5 \pm 6.1; p=0.567)$ pin pointing there was no significant difference in the values of mRSS between the comparable subjects. RP severity scores $(1.6 \pm 0.8 \ 2.0 \pm 1.0; p=$ 0.194) and Heart severity scores (0.2 \pm 0.7 1.2 \pm 1.7; p=0.062) were little bit higher in SSc-PAH vs No-PAH, but not reaching to the significant difference between the subjects. But as anticipated, SSc-PAH subjects revealed relatively higher lung severity scores $(3.1 \pm 1.3 \text{ vs } 1.1 \pm 1.3; \text{ p} < 0.001)$ against No-PAH subjects. Cardiac hemodynamic measurements by Right heart Catheterization showed that mean pulmonary arterial pressure (mPAP) values (35.2 ± 8.1 mm Hg) and pulmonary capillary wedge pressure (PCWP) values ($11.5 \pm 4.0 \text{ mm}$ Hg) were remained in the range as expected to be in SSc-PAH subjects as defined by mPAP should be \geq 25 mm Hg, as well as PCWP should be \leq 15 mm

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Hg to diagnostically characterize the individuals having PAH according to the reports [17,157]. These diagnostic measurements clearly provided the proof that severe abnormalities were present in the structural & functional mode of pulmonary vascular compartment. It was observed that there was significantly lower diffusion capacity of lung for carbon monoxide (DLCO) $(48.7 \pm 16.8 \text{ vs } 78.2 \pm 23.0; \text{ p} < 0.001)$ with comparable forced vital capacity (FVC) with decreased values against No-PAH subjects, which provided the confirmed clues that there exists an underlying pulmonary vascular disease. Pulmonary function tests (PFT) revealed that values determining restrictive lung disease (RLD) remain equal in both the subjects. In this study, it was observed that SSc-PAH patients exhibited significantly higher estimated right ventricular systolic pressure (ERVSP) values (65.2 ± 19.9 vs 24.0 ± 6.3; p= <0.001) against those of Non-PAH subjects. This elevated value of ERVSP further clarified the devastating damage of pulmonary vascular function of this ailment and also the severity of the underlying pulmonary vascular disease. ERVSP values >30–45mmHg are often considered abnormal even though there are no consensus about the elevated levels of healthy individuals but ERVSP values generally does not increase in normal individuals. Studies have been reported that SSc patients having ERVSP >35mmHg showed elevated pulmonary pressures [158,159], thus proving the underlying impairment in pulmonary vascular compartment. Another study also confirmed that combination of eRVSP on TTE and PFT parameters provided in identifying of up to 97-100% of SSc patients with RHC confirmed PAH [160].The antibody status in this study revealed that SSc-PAH subjects showed not though significant but slight higher level of Anti centromere antibodies {(ACA) 10 (53) vs 4 (24); P= 0.07} which have been put very relevant to the underlying cause of PAH in SSc by the earlier reports. Demographic Studies have shown ACA is prevalent in older, female Caucasians having SSc, so the same case in this study as well. It has been reported that the presence of ACAs linked with higher risk of development of

PAH [161,162] in SSc patients particularly the ISSc patients [161]. Anti-Scl-70 (anti-topoisomerase I) antibodies in this study were found lower in SSc-PAH against the No-PAH subjects as this study includes SSc-PAH subjects mostly from IcSSc subjects and Anti-Scl-70 are mostly found in patients with dcSSc having pulmonary involvement, more specifically linked to pulmonary fibrosis & interstitial lung disease [161,163,164]. The medications used by this study's subjects were vasodilators (i.e. endothelin receptor antagonists and phosphodiesterase 5 inhibitors) which were significantly higher in SSc-PAH subjects.

Variables	No PAH (N = 17)	PAH (N = 19)	HD (N = 14)	p value [•]
Age at serum sampling (years)*	53.3 ± 11.6	64.0 ± 9.4	54.1 ± 10.4	0.009
Female	15 (88)	16 (84)	15 (85)	0.727
Race				
White	14 (82)	16 (84)	12 (80)	0.881
Black	3 (18)	3 (16)	3 (20)	
Smoking status				
Never	9 (53)	10 (53)	8 (53)	0.280
Past	6 (35)	9 (47)	5 (33)	
Current	2 (12)	0	2 (13)	
SSc types				
Limited	11 (65)	16 (84)		0.177
Diffuse	6 (35)	3 (16)		
mRSS* (range 0–51)	5.5 ± 6.1	7.3 ± 10.3		0.567
SSc duration (RP onset)*, years	14.0 ± 12.6	21.7 ± 9.4		0.008

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SSc duration (1st non-RP symptom)*, years	10.5 ± 7.3	18.5 ± 9.5	0.010
RP severity score* (range 0–4)	1.6 ± 0.8	2.0 ± 1.0	0.194
Heart severity score* (range 0–4)	0.2 ± 0.7	1.2 ± 1.7	0.062
Lung severity score* (range 0–4)	1.1 ± 1.3	3.1 ± 1.3	<0.001
Hemodynamics (RHC)			
mPAP* (mm Hg)	NA	35.2 ± 8.1	NA
PCWP* (mm Hg)	NA	11.5 ± 4.0	NA
FVC* (% predicted)	81.9 ± 22.9	73.1 ± 9.9	0.149
DLCO* (% predicted)	78.2 ± 23.0	48.7 ± 16.8	<0.001
RLD ⁺	6 (35)	6 (32)	0.813
eRVSP*	24.0 ± 6.3	65.2 ± 19.9	<0.001
Autoantibody status			
ACA	4 (24)	10 (53)	0.07
Anti-Scl-70	7 (41)	1 (5)	0.01
Anti-RNA-polymerase 3	2 (12)	0	0.124
Medication use (current)			
Immunosuppressants‡	5 (29)	5 (26)	0.836
Calcium channel blocker	10 (59)	7 (37)	0.187
Endothelin receptor antagonist	1 (6)	6 (32)	0.052
Phosphodiesterase 5 inhibitor	4 (24)	11 (58)	0.037
Prostanoid	0	0	NA
Statin	6 (35)	5 (26)	0.559
Aspirin	5 (29)	5 (26)	0.836

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Table A. Statistical Data and Clinical Characteristics of Subjects having SSc-PAH, SSc-No PAH & Healthy Donors. All values are given as number (%) unless otherwise specified. *Mean \pm SD. †The presence of RLD was defined by a FVC < 70% of predicted. \pm Use of immunosuppressants include cyclophosphamide, mycophenolate, methotrexate, hydroxycholorquine or prednisone. §P values were determined by Fisher's exact test or the Wilcoxon rank-sum test, as appropriate.

4.2 Exposure of subjects 'sera to Human Pulmonary Arterial Smooth Muscle Cells (HPASMCs) and Kinetic Measurement of Intracellular ROS

The figure below (Fig1A) depicts the Kinetic Measurement of Intracellular ROS in HPASMCs. All the three subjects' sera were used in this experiment to observe whether they could induce generation of ROS. For this, the HPASMCs were exposed to sera $\{5\% (V/V)\}$ and kinetic measurement of intracellular ROS was followed for the duration of 4hrs.Intracellular ROS generation was studied in HPASMCs in response to the exposure of sera using 2",7"dichlorodihydrofluorescein diacetate (H₂-DCFDA) and this probe enters the cells and get oxidized in the presence of ROS, generating the fluorescent compound, DCF. This result showed that SSc-PAH subjects' sera stimulated generation of intracellular ROS with higher level as compared to No-PAH subjects and no response was exhibited by Healthy Donors (HD) sera. As anticipated by a ligand-stimulated ROS activation, a rapid and sustained raise in the intracellular ROS levels were observed starting from the cells exposure to the sera (Time =0). The sera-induced raise of ROS was spiked at around 30 minutes, thereafter a gradual and slow decrement was visible, which is consistent with a redox-regulated signaling event. These dramatic differences in the intracellular ROS levels were noted down and they acquired the steady state from the time point of 2hrs and followed the steady state till the end time point of 4hrs of this experiment as shown in Fig 1A. Previous reports demonstrated that serum factors in-vitro induced ROS production in vascular cells [166]. Following the same response, this experiment revealed that sera of SSc of both the subjects (SSc-PAH and No-PAH) have factors that could

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stimulate and induce intracellular ROS generation in vascular cells such as HPASMCs against the lack of response to (HD) Healthy Donors' sera. This result provided the clue that some factors might be present in the sera of SSc subjects which might be pro-oxidant factors but earlier reports showed that platelet activation, impaired fibrinolysis, white blood cell activation, reduced red blood cell deformability and oxidative stress [122,127] are involved and all of these circulatory factors have been implicated in the pathogenesis of Raynaud's phenomenon and so in the development of SSc disease phenomena. Since there was intracellular ROS generation in our context of this experiment, when HPASMCs were exposed to SSc sera, driven the clue that pro-oxidant factors (OS) might be involved in the induction and generation of intracellular ROS in HPASMCs. In order to draw the comparison between the subjects at this steady state (2hr Time Point), statistical analysis at this time point was done as shown in the Figure.1B to confirm that indeed pro-oxidant factors (OS) are involved in SSc-PAH and No-PAH subjects. Sera of SSc-PAH individuals showed that the generation of intracellular ROS in HPASMCs was significantly higher against the No-PAH and Healthy Donors (HD) with median (interquartile range) of 213 (158) compared to subjects without PAH [141 (48); p = 0.027] and HD[130 (52); p = 0.002]. But when it was compared between No-PAH and Healthy Donors, it was revealed that the induction of intracellular ROS by sera of No-PAH is increased against the sera of healthy donors but was not to significant enough to draw the comparison. This result showed that SSc-PAH sera had pro-oxidant effect on HPASMCs by inducing the generation of intracellular ROS.

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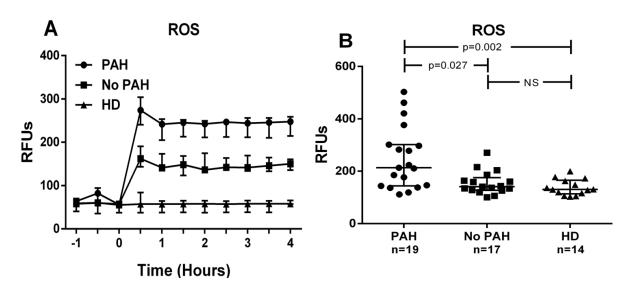


Figure 1A:Kinetic Measurement of Intracellular ROS in HPASMCs exposed to Sera of SSc-PAH,SSc-No PAH and Healthy Donors to examine the effects of SSc sera on human pulmonary artery smooth muscle cells (HPASMCs) intracellular ROS production. Here,sub-confluent HPASMCs were loaded with 10 μ M of H₂-DCFDA before stimulation, and then cultured in basal medium containing 5% (V/V) of sera of the above mentioned subjects. Variations in intracellular ROS levels were kinetically determined in a 4 hour time-course experiment.

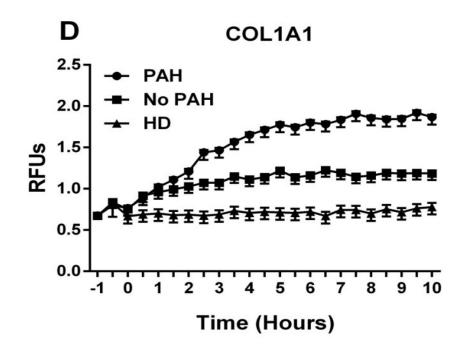
Figure 1B: Measurement of Intracellular ROS in HPASMCs exposed to Sera of SSc-PAH, SSc-No PAH and Healthy Donors taken at 2hr time point of steady state to look for the comparison between the subjects. Healthy donors were matched for gender, race and smoking status. Horizontal lines indicate the median with interquartile range (Fig 1A). Fluorescence data were normalized for protein content and expressed as Relative Fluorescence Units (RFU). Kruskall–Wallis one-way analysis of variance followed by post-hoc Dunn's test for multiple comparisons was used to detect differences among studied groups (Figure 1B). P values =0.027 compared to No PAH and P values =0.002 when compared to Healthy Donors thus illustrating the significant effect of sera in inducing intracellular ROS in HPASMCs.

4.3 Exposure of subjects 'sera to Human Pulmonary Arterial Smooth Muscle Cells (HPASMCs) and Kinetic Measurement of COL1A1 Promoter Activity

Type I collagen overproduction as ECM component is the hallmark of fibrosis in SSc. It is the most abundant collagen present in SSc patients compared to other types, with the presence of certain nucleotide repeats linked with higher expression of COL1A1 and COLA1A2 [165]. There are reports demonstrating that expression of the COL1A1 gene is primarily regulated at the transcriptional level and that its highest promoter activity in both normal and SSc fibroblasts resides in the proximal promoter region [168, 169]. And there is a report that showed that SSc fibroblasts produce ROS constitutively and this elevated ROS levels could be involved in the increased collagen expression in these cells [107]. VSMC is the main cell type most responsible for the vascular deposition of ECM proteins in hypertension [170-172] and this lead us the idea that whether ROS or pro-oxidant effect of sera induce collagen synthesis in HPASMCs. With this back ground, we speculated to see whether serum factors are involved in the COL1A1 promoter activity. For this, the GFP based lentivirus transduction in HPASMCs was done and confirmed. Then sera $\{5\% (V/V)\}\$ of all three subjects were exposed to HPASMCs and the kinetic measurement for 10 hrs was endured to closely observe as when the sera trigger the promoter activity as shown in Fig.2A. The outcome of this experiment showed that sera of SSc triggered a progressive time-related increase of the COL1A1 promoter activity with values at 8 hours remained steady state. By looking at the kinetic measurement lines of the three different subjects it was noticed that sera of SSc-PAH had more increased influence in activating promoter activity as compared to No-PAH. According to the kinetic measurement of COL1A1 promoter activity induced by sera of subjects

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under study in HPASMCs, at around 8hrs, the COL1A1 promoter activity remained stable. So at this time point the comparative statistical analysis was done to observe the significant level of COL1A1 promoter activity by all the three subject groups. Here, sera from SSc-PAH showed the significant level of increase in inducing the promoter activity in HPASMCs against the No-PAH subjects' sera with values of PAH [2.375 (1.597)] compared to no-PAH [1.825 (0.612); p = 0.028] and HD [1.844 (0.265); p = 0.007] sera. In case of No-PAH comparison against Healthy donors, it came to known that sera of No-PAH sera had increased level of COL1A1 promoter activity versus Healthy donors but not driving to the statistically significant values as shown in Fig.2B.The overall conclusion drawn from this experiment, revealed that sera from SSc-PAH subject group significantly increased the COL1A1 promoter activity and hence the Collagen synthesis in HPASMCs. This experiment proved that sera of SSc-PAH had profibrotic effect on HPASMCs.



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Figure 2A: Kinetic Measurement COL1A1 Promoter Activity in PASMCs transduced with COL1A1 promoter containing lentivirus and examination of the effects of SSc sera on HPASMCs collagen (COL1A1) promoter activation. Here, the sub-confluent HPASMCs were transduced with lentiviral particles obtained from the COL1A1-LV-tGFP and EF1 α -LV-FP602 lentivectors, and then cultured in basal medium containing 5% (V/V) of sera from PAH, no PAH and HD subjects. Variations of COL1A1 promoter activation were kinetically followed for 10 hours. Horizontal lines indicate the median with interquartile range

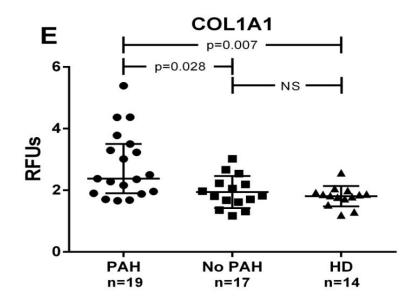


Figure 2B: Values taken at 8hr Time Point of Steady State to draw the comparison between the subjects. Data (Fig 1A & 1B) were normalized for transduction efficiency by reporting the ratio of COL1A1-LV-tGFP to EF1 α -LV-FP602 Relative Fluorescence Units (RFU). Healthy donors were matched for gender, race and smoking status. Kruskall–Wallis one-way analysis of variance followed by post-hoc Dunn's test for multiple comparisons was used to detect differences among studied groups. P values =0.028 compared to No PAH and P values =0.007 when compared to Healthy Donors, thus illustrating the significant effect of sera in activating COL1A1 Promoter in HPASMCs.

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4.4 Effect of NOX2 inhibitor gp91on Intracellular ROS

From many reports it has been concluded that Oxidative stress plays a pivotal role in the pathophysiology of vascular diseases such as SSc [38, 52, 58, 64, 66-68, 70,173]. And Reactive oxygen species are known to cause oxidative damage to various cells and induce organ dysfunction after ischemiareperfusion injury. Nicotinamide Adenine Dinucleotide Phosphate-Oxidase (**NADPH Oxidase or NOX**) form the predominant biochemical source of ROS in the vasculature [174-178]. The NOX1 (NADPH oxidase 1) and NOX2 oxidases are the major sources of ROS in the artery wall in hypertension as well as in SSc-PAH, and are formed to be important contributors to the oxidative stress [106-108] in SSc-PAH. Hypertension was worsened by NOX2 overexpression in experimental models [179].So this background suggested us to employ NOX2 inhibitor gp91 and to target NOX2 to validate whether NOX2 is involved in the Oxidative damage of SSc-PAH.To test this idea, the HPASMCs were pre-incubated with 5 µM NADPH oxidase specific inhibitor NOX2ds-tat (NOX) (formerly called as gp91ds-tat) for 1 hour. Later, HPASMCs were exposed to 5% (V/V) of sera from SSc-PAH, and no PAH subjects. NOX2ds-tat effectively reduced induction of ROS by PAH-SSc sera (p = 0.009), confirming that NADPH oxidase is indeed involved in the generation of ROS in SSc-PAH subjects as depicted in Fig.3. When the analysis of NOX inhibitor NOX2ds-tat effect was tested for SSc-No-PAH sera on HPASMCs disclosed that there was no significant reduction in ROS levels. So from this result it was proved that inhibiting NOX2 could reduce the pro-oxidant effect induced by SSc-PAH sera.

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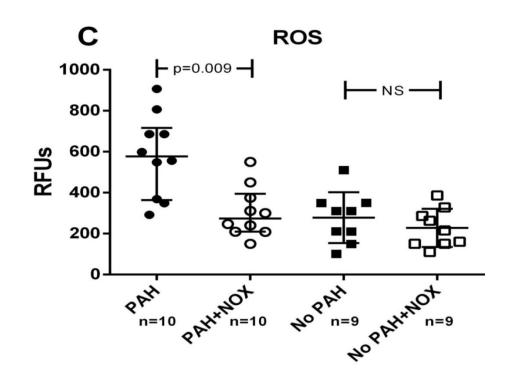


Figure 3: Effect of N0X2 inhibitor gp91on Intracellular ROS in sera stimulated HPASMCs. Here, subconfluent HPASMCs were incubated for 1 hour with 5 μ M NADPH oxidase specific inhibitor NOX2ds-tat (NOX) before treatment with SSc sera {5% (V/V)} and measurement of Intracellular ROS in PASMCs exposed to Sera of SSc-PAH and SSc-No PAH was carried out. Fluorescence data were normalized for protein content and expressed as Relative Fluorescence Units (RFU).Wilcoxon matched-pairs signed rank test was used to draw the differences between pre- and post-NOX treatment pairs. P values =0.009 compared to PAH+NOX, thus illustrating the significant effect of N0X2 inhibitor gp91 in counteracting the intracellular ROS stimulated by SSc-PAH sera but the comparison between No PAH and No PAH+ NOX remained non-significant.

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4.5 Effect of N0X2 inhibitor gp91 on Collagen type I COL1A1 promoter Activity

In this experiment, GFP based lentivirus transduction in HPASMCs was done. Then HPASMCs were pre-treated with 5 μ M NADPH oxidase specific inhibitor NOX2ds-tat for 1hr. And then, sera {5% (V/V)} from SSc-PAH and No-PAH subjects were exposed to transduced and NOX inhibitor treated HPASMCs and measured for COL1A1 promoter activity. This experiment revealed that NOX2ds-tat acted in very effective manner by significantly (p = 0.005) reducing the COL1A1 promoter activity in the SSc-PAH exposed HPASMCs, however there was no significant effect produced in the HPASMCs that were exposed to No-PAH as depicted in Fig.4.This experiment provided the result that NADPH Oxidase inhibitor NOX2ds-tat is also involved in the activation of COL1A1 promoter activity and hence in the synthesis of Collagen I in HPASMCs revealing that phenotypic switch and collagen synthesis activation in these cells may be driven by SSc-related PAH sera through NADPH-oxidase dependent ROS generation.

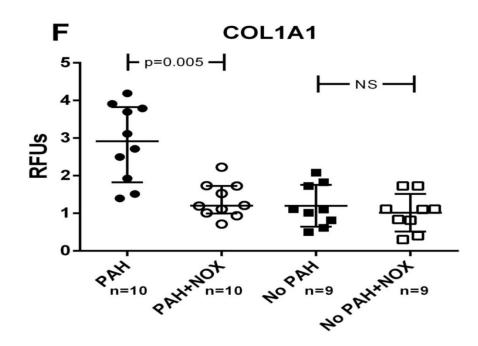


Figure 4: Effect of N0X2 inhibitor gp91on COL1A1 Promoter Activity in sera stimulated HPASMCs. Here, sub-confluent HPASMCs were transduced with lentiviral particles obtained from the COL1A1-LV-tGFP and EF1 α -LV-FP602 lentivectors, and then incubated for 1 hour with 5 μ M NADPH oxidase specific inhibitor NOX2ds-tat (NOX) before treatment with 5% (V/V) of sera from PAH, no PAH and COL1A1 Promoter Activity was measured. Data are normalized for transduction efficiency by reporting the ratio of COL1A1-LV-tGFP to EF1 α -LV-FP602 Relative Fluorescence Units (RFU). Wilcoxon matched-pairs signed rank test was used to draw the differences between pre- and post-NOX treatment pairs. P values =0.005 compared to PAH+NOX, thus illustrating the significant effect of N0X2 inhibitor gp91 in counteracting the COL1A1 Promoter Activity stimulated by SSc-PAH sera but the comparison between No PAH and No PAH+ NOX remained non-significant.

4.6 Effect of ERK inhibitor PD98059 on Intracellular ROS

The MAPK/ERK pathway is one of the predominant signaling pathways involved in the regulation and synthesis of Collagen. Extracellular signal-regulated kinase (ERK) is a member of the mitogen-activated protein kinase family is shown to be involved in SMC proliferation and also in both vasoconstriction and vascular smooth muscle cell growth [118]. There are evidences suggesting that ERK activation occurs via ROS [180,181].With these evidences, it was thought that targeting ERK would provide some clues about the pro-fibrotic effects of SSc-PAH sera. In this mode of experiment, 15uM ERK Inhibitor PD98059 of was pre-loaded to HPASMCs for 1hr before stimulation with sera. In the next step, SSc-PAH sera and No-PAH sera in {5% (V/V)} were exposed to these cells and intracellular ROS was measured as described in the method section. The outcome of this experiment showed ERK Inhibitor PD98059 did not effectively inhibit the intracellular ROS in SSc-PAH exposed HPASMCs (Fig.5). The similar effect was also observed in the No-PAH exposed HPASMCs.

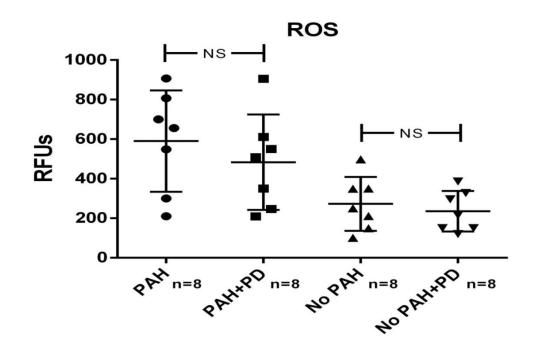


Figure 5: Effect of ERK inhibitor PD98059 on Intracellular ROS in sera stimulated HPASMCs.Here, sub-confluent HPASMCs were incubated for 1 hour with 15 μ M ERK inhibitor PD98059 before treatment with SSc sera and measurement of Intracellular ROS in PASMCs exposed to Sera of SSc-PAH and SSc-No PAH was carried out. Fluorescence data were normalized for protein content and expressed as Relative Fluorescence Units (RFU).Wilcoxon matched-pairs signed rank test was used to draw differences between pre- and post ERK inhibitor PD98059 treatment pairs. P values > 0.05 when compared to PAH+PD as well as No PAH+ PD thus illustrating the non-significant effect of ERK inhibitor PD98059 in counteracting the intracellular ROS stimulated by SSc-PAH and SSc-No PAH sera .

4.7 Effect of ERK inhibitor PD98059 on Collagen type I (COL1A1) promoter Activity

In this experiment, lentivirus transduction in HPASMCs was done. This is followed by the confirmation of the transduction of lentiviral particles in the cells by using fluorescence microscope by observing the Green fluorescence provided by the GFP reporter system. The next step was done by preincubating the transduced cells by 15uM ERK Inhibitor PD98059 for 1hr.Then HPASMCs were exposed with 5% (V/V) sera of SSc-PAH and No-PAH. This step was followed by the measurement of COL1A1 promoter activity. The outcome of this experiment was that ERK Inhibitor PD98059 efficiently reduced (Fig.6) the COL1A1 promoter activity in SSc-PAH sera exposed HPASMCs, but the similar effect was not observed in No-PAH sera exposed HPASMCs, as the inhibitor did not significantly reduced COL1A1 promoter activity. So the result from this experiment proved that ERK signaling is involved in the activation of COL1A1 promoter activity in the HPASMCs exposed only with sera of SSc-PAH, but not the similar effect was observed in case of No-PAH, confirming that sera of SSc-PAH had pro-fibrotic effect on HPASMcs thereby suggesting that phenotypic switch and collagen synthesis activation in HPASMCs may be driven by SSc-related PAH sera through ERK signaling activation of COL1A1 promoter activity and collagen synthesis in HPASMCs.

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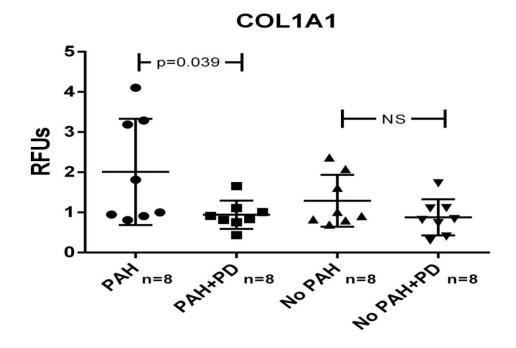


Figure 6: Effect of ERK inhibitor PD98059 on COL1A1 Promoter Activity in sera stimulated HPASMCs. Here, sub-confluent HPASMCs were transduced with lentiviral particles obtained from the COL1A1-LV-tGFP and EF1 α -LV-FP602 lentivectors, and then incubated for 1 hour with15 μ M ERK inhibitor PD98059 before treatment with 5% (V/V) of sera from PAH, no PAH and COL1A1 Promoter Activity was measured . Data are normalized for transduction efficiency by reporting the ratio of COL1A1-LV-tGFP to EF1 α -LV-FP602 Relative Fluorescence Units (RFU). Wilcoxon matched-pairs signed rank test was used to draw differences between pre- and post ERK inhibitor PD98059 treatment pairs. P values =0.039 when compared to PAH+PD thus illustrating the significant effect of ERK inhibitor PD98059 in counteracting the COL1A1 Promoter Activity stimulated by SSc-PAH sera. But the comparison between No PAH and No PAH + PD remained non-significant.

CHAPTER 5. DISCUSSION AND CONCLUSION

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Most patients in SSc die due to pulmonary involvement of the disease with SSc PAH in second place to ILD PH. But SSc-PAH has worse prognosis than that of IPAH [39] and patients are at higher risk of death than IPAH patients or ILD PH. PAH is a life-threatening ailment, which could rapidly progress to severe right heart failure [13,14] and hence death of the patient occurs in very short time. So, it has thus become extreme need to study SSc-PAH, in particular the cellular and molecular events of the disease that set the vascular damage by OS during its disease pathogenesis, as OS is largely evidenced in this disease. In our Study, the first need was the selection of the subjects and so the study subjects were selected based on the diagnostic characters that divide SSc-PAH from No-PAH in overall SSc patients that came under this study and they were mostly middle age, white women. A total number of 19 SSc patients were diagnosed as SSc-PAH and 17 patients were selected as SSc No-PAH based on the diagnostic criteria. SSc-PAH is more common in LcSSc, when compared to DcSSc, however few recent studies [30-38] suggest that the prevalence of PAH is similar in both limited and diffuse cutaneous SSc patients. But in our study cases, PAH has shown higher in LcSSc with 16 patients showed PAH in total of 84 LcSSc patients against only 3patients showed PAH in total of 16 DcSSc patients as depicted in the Table A. It has been proved by many reports that PAH occurs as a late age onset[152-156] in SSc and so in our study case also the trend remains exactly the same with PAH prevailing at age of 64.0 ± 9.4 vs 53.3 ± 11.6 along with healthy donors age of 54.1 ± 10.4 ; p= 0.009. And in our study cohort, it is also noticed that the prevalence of PAH being present in the SSc patients having the disease for longer durations with a duration(RP onset) of 21.7 \pm 9.4, against the non-PAH SSc patients duration of 14.0 \pm 12.6; p= 0.008 matching with many earlier reports [152-156]. Increased collagen leads to skin thickness, which is due to intercellular matrix formation in the dermis and by oedema, possibly affected by both microvascular injury and

inflammation. Rodnan skin score (mRSS) is the 'gold standard' method for measuring the skin thickness in scleroderma [182]. Few groups have tried to link this score to the severity of organ involvements in SSc, but, unfortunately this skin score measurement remained only to assess the thickening of skin in SSc pateints and could not be evolved as a biomarker to relate to the organ based severities such as pulmonary and cardiac involvements [183]. The Rodnan skin score (mRSS) in our study remain slight higher in SSc-PAH but not to the significant level when compared to No-PAH. However, their study [183] showed that mRSS greater than score 3 linked to pulmonary fibrosis but similar distribution was present when compared with other patients (PAH and cardiac involvement) with a higher mRSS clearly uttering the confirmation that Rodnan skin score (mRSS) did not serve as a biomarker in distinguishing the organ involvement defects in SSc.RP severity scores and Heart severity scores were little bit higher in SSc-PAH vs No-PAH, but not to the significant level of difference between the subjects. These scores indicate the level of vascular damages that are being fabricated by the disease condition and the higher scores in our studies exhibited the severity in pulmonary vascular condition that is also reported [184] by other studies. The Lung severity scores remained higher in SSc-PAH against non-PAH which are in compliance with the data of the other published reports [184-187]. These features strongly show that there exists pulmonary vascular damage due to the prevalence of pulmonary vascular disease. Cardiac hemodynamic measurements by Right heart Catheterization showed that mean pulmonary arterial pressure (mPAP) and pulmonary capillary wedge pressure (PCWP) were remained in the range as expected to be in SSc-PAH subjects. There was comparatively lower diffusion capacity of lung for carbon monoxide (DLCO) $(48.7 \pm 16.8 \text{ vs } 78.2 \pm 23.0; \text{ p} < 0.001)$ with comparable forced vital capacity (FVC) with decreased values against No-PAH subjects, which provided the confirmed clues that there exists an underlying pulmonary vascular disease. SSc-PAH patients showed significantly higher estimated right ventricular

systolic pressure (ERVSP) values (65.2 \pm 19.9 vs 24.0 \pm 6.3, p= <0.001) when compared to those of Non-PAH subjects this observation provided the severity of the underlying pulmonary vascular disease as RVSP >45 mm Hg cutoff has demonstrated to have high correlation with PAH detected by RHC [184, 189] that provides the proof of severe disturbances in the pulmonary vascular bed. Demographic Studies have shown Anti centromere antibodies (ACA) is prevalent in older, female Caucasians having SSc [161], so the same case in our study as well. The antibody status in our study revealed that SSc-PAH subjects showed not though significant but slight higher level of Anti centromere antibodies against No-PAH, because prevalence of ACAs linked with higher risk of development of PAH [161, 162] in SSc patients particularly the ISSc patients [161]. Anti-Scl-70 (anti-topoisomerase I) antibodies in this study were found lower in SSc-PAH against the No-PAH subjects very relevant to earlier studies [161,163,164] as SSc-PAH subjects mostly from lcSSc subjects but not dcSSc having interstitial lung disease showed the similar condition. There have been reports saying that there is complex interaction between endothelial cells (ECs), smooth muscle cells (SMCs), pericytes, extracellular matrix (ECM), and intravascular circulating factors [167]. Serum from long been has provided the useful tool in the diagnosis of many diseases. So also in our study has provided a very significant knowledge in understanding the SSc-PAH, by showing the proof that OS is linked to SSc-PAH. Serum factors in-vitro induced ROS production in Vascular cells [166]. The generation of ROS by vascular cells can activate several processes that elicit the development of SSc [190]. These could exhibit the underlying disease. So, this background provides us a hint that abnormalities in circulatory factors such as sera could be tested in-vitro to study the molecular and cellular events of the vascular damage during SSc, particularly in SSc-PAH. From our study the concept has been evolved which proves that ROS status can be identified as an indicator of the disease which could become a tool in the diagnosis and thereby becoming an aid in targeting the disease

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mechanism and pursuing the remedy in SSc disease including SSc-PAH.In our study, when the sera from SSc were tested over the Human pulmonary artery Smooth Muscle Cells (HPASMCs), it was noticed that SSc sera induced the ROS production. When the Kinetic measurement of intracellular ROS was done in PASMCs by exposing to the SSc sera, the result showed that SSc-PAH sera induce more level of ROS significantly compared to the SSc with "No PAH" as well against the sera of Healthy Donors(HD). This proves that circulatory factors execute the pro-oxidant effect on HPASMCs. Endogenous pro-oxidants may be formed as the derivatives of the abnormal pathophysiology, cellular metabolism and ion flux [56], such kind of unusual or abnormalities are evolved due to the underlying disease, and this concept has been greatly evolved in our study which showed that pro-oxidants may be present in the sera of SSc-PAH patients which stimulated intracellular ROS and COL1A1 promoter activity in HPASMCs by inducing HPASMCs activation and phenotypic switch and if this process is not regulated would lead to the progressive narrowing and obliteration of pulmonary arterioles in SSc-PAH.This implies that circulating pro-oxidant factors may be involved in the pathogenesis of SSc-PAH through their ability to induce VSMCs activation and phenotypic switch.NADPH oxidases are widely distributed throughout different tissues and organs with only sole function to produce ROS. From our study it was revealed that NOX2 inhibitor gp91 very significantly reduced the intracellular ROS produced by the exposure of SSc-PAH sera, strongly implicating that cell membrane intracellular ROS are involved in the induction of Oxidative stress in SSc-PAH and more specifically indicating that NOX2 is involved in the process. But the same scenario was not observed in case of No-PAH subjects, evidencing, that oxidative stress is very prominently implicated in the pathogenesis and development of hypertension arterial disease of SSc condition. This observation also provided the proof that redox status is not balanced in SSc-PAH subjects which has led to the development OS in SSc-PAH. There are reports evidencing the same picture as in our study stating

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that ROS are formed in high concentrations, in pathological conditions, such as hypertension, that cannot be balanced by the normal protective antioxidant mechanisms employed by the cells, resulting in oxidative stress [64, 109-111,113, 115,191-193]. The result that has been procured from our studies also showed more intracellular ROS as compared to the No-PAH SSc patients clearly indicating the higher level of intracellular ROS in this disease phenomena. Besides, the result from the kinetic measurement of intracellular ROS showed that, from the start of the measurement till the end the level, ROS was relatively higher than that of the No-PAH SSc subjects which strongly supports the earlier reports that SSc-PAH disease condition physiology is involved with the production of intracellular ROS. This condition would lead to many abnormalities in the vascular wall as follows. This could cause the subsequent pathogenic process in the vascular wall posing inflammation and deteriorations in the functions of endothelium in vasodilation, with increased pro-inflammatory states and increased prothrombotic activity. This would further cause vascular inflammation and OS may mediate through activation of mononuclear cells [58, 59] with infiltration of inflammatory cells in pulmonary perivascular spaces within and around plexiform lesions [60-62]. This further would stimulate a variety of negative effects on cellular function involving alteration of transcription factors, kinases, protein synthesis and also would cause increase in vascular contractility, also would promote vascular smooth muscle cell growth and apoptosis, monocyte migration, lipid peroxidation, inflammation, and increased deposition of ECM proteins. These all events play a pivotal role in the pathogenesis and progression of vascular damage, vascular remodeling in vascular diseases [65-67] including SSc-PAH. The major pathophysiologic event that occurs in the development of pulmonary hypertension is the proliferation of vascular smooth muscle cells and it has been shown that extracellular signal-regulated kinase (ERK) is a member of the mitogen-activated protein kinase family that has been reported to be involved in both vasoconstriction and vascular smooth muscle

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cell growth [118] which prompted us to relate, whether the ROS generation and collagen promoter activity is dependent on ERK activation. That's why we employed ERK Inhibitor PD98059 in our study to look for ERK involvement. HPASMCs were pre-incubated with ERK Inhibitor PD98059 and then were exposed to sera (SSc-PAH & SSc-No-PAH). In this experiment, the ERK Inhibitor PD98059 could not form significant effect in reducing the intracellular ROS (Fig 5) in HPASMCs exposed to both the subjects of sera, confirming that, ERK was not involved in the generation of intracellular ROS. In another experiment, we planned to look for involvement of ERK in collagen promoter activity. The outcome of this experiment showed that ERK Inhibitor PD98059, very effectively (p=0.039) counteracted the COL1A1 promoter activity(Fig 6) in HPASMCs that were exposed to SSc-PAH sera, but the same effect was not reproduced in case of No-PAH SSc sera exposed HPASMCs. This result indeed confirmed that ERK was involved in the activation of COL1A1 promoter activity and hence in the synthesis of collagen in the HPASMCs that were exposed to SSc-PAH sera. This in-vitro study implies that in the patients of SSc-PAH, the ERK pathway is involved in the activation and synthesis of collagen I and hence in the accumulation of ECM in the vascular wall causing vascular remodeling and progressive vessel occlusion and thus involving or leading to pulmonary arterial hypertension. By looking into the complete account of the outcomes of our study, it can be summarized that SSc-PAH sera induced pro-oxidant effect on HPASMCs and hence there occurred the generation of intracellular ROS, which suggests that pro-oxidant effect existence in the sera may be due to the endogenous pathophysiology of the disease condition. This further suggests that the pathophysiology of the disease involves Oxidative Stress (OS), which may be due to the vascular damage derived from the abnormal changes in cellular and molecular status of the disease condition thereby, exhibiting the notion that OS is linked to SSc-PAH [66-70,173] and as well as giving a hint that OS can be considered as one of the etiological factor in SSc-PAH. Further, when examined for the source of

intracellular ROS by using specific inhibitor NOX2ds-tat (NOX), it was found that NADPH Oxidases (NOX) are the one participated in the generation of intracellular ROS in the vascular bed in compliance with the earlier reports [106-108,112,193-208] that have been reported in vascular diseases. The evidence from our study implicates for therapeutically targeting NOX2 oxidase in the arterial wall for the treatment of SSc-PAH, so as to combat the oxidative stress and prevent the progression of pulmonary vascular disease such as SSc-PAH in agreement with the earlier reports [106, 129, 136,194-205]. In other experiments, the outcomes were that, ERK Inhibitor PD98059 did not effectively inhibit the intracellular ROS in SSc-PAH exposed HPASMCs but efficiently reduced the COL1A1 promoter activity in SSc-PAH sera exposed HPASMCs. Prior, to this it was gathered from our result, that ROS generation exists via NADPH Oxidases (NOX2). These findings can be collectively explained that sera of SSc-PAH stimulated the activation of NOX2, which resulted in the generation of intracellular ROS. The intracellular ROS generated by NOX through its activation by the pro-oxidant effect of sera, further activated ERK resulting in the activation of COL1A1 promoter activity and hence the synthesis of Collagen as illustrated by the figure below. Hence, the sera of SSc-PAH, in our study, exhibited the pro-oxidant effect by activating NOX enzymes. It is well evidenced in various reports [210-227] that NADPH Oxidase is activated by various cellular stresses, chemical factors, and physical challenges, cellular environments, and inflammatory stimuli, stressrelated humoral and neural factors. And, in our studies, it is emerging that the pro-oxidant effect executed by the SSc-PAH sera may be due to the one of the above said factors and it is speculated that circulating pro-oxidant factors may be involved in the pathogenesis of SSc-PAH through their ability to induce VSMCs activation and phenotypic switch. With these findings our study provides new evidence supporting the possibility that, vascular disease and in particular PAH may be driven or maintained in SSc patients by pro-oxidant

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circulating factors acting, at least in part, through the activation of collagen synthesis in VSMCs.

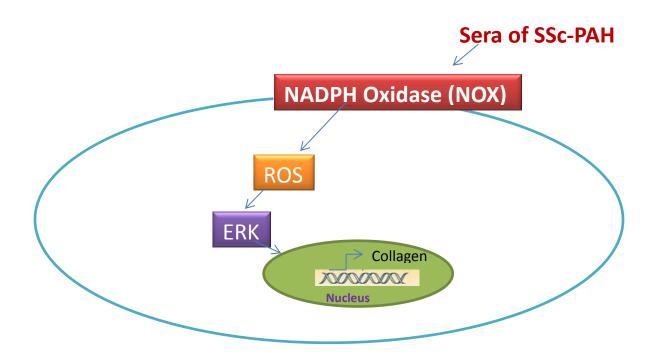


Figure 7: Representative Diagram to show that Sera from SSc-PAH subjects stimulate NOX in HPASMCs for ROS generation thus exhibiting the Pro-oxidant effect, which subsequently exhibit the Pro-fibrotic effect by synthesizing Collagen I via the stimulation of ERK.

To conclude, our study for the first time, shows that an increase of NOX2derived ROS production induced by sera from SSc patients with PAH drives pro-oxidant and as well as pro-fibrotic responses in HPASMCs by activating ERK-mediated collagen synthesis. Hence, our study further suggests that antioxidant therapies should be explored in the treatment or prevention of Systemic Sclerosis related pulmonary vascular disease.

CHAPTER 6.BIBLIOGRAPHY

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