

The administration of l-cysteine and l-arginine inhibits biofilm formation in wild-type biofilm-forming yeast by modulating FLO11 gene expression

Questa è la versione Post print del seguente articolo:

Original

The administration of l-cysteine and l-arginine inhibits biofilm formation in wild-type biofilm-forming yeast by modulating FLO11 gene expression / Zara, Giacomo; Bou Zeidan, Marc; Fancello, Francesco; Sanna, Maria Lina; Mannazzu, Ilaria; Budroni, Marilena; Zara, Severino. - In: APPLIED MICROBIOLOGY AND BIOTECHNOLOGY. - ISSN 0175-7598. - 103:18(2019), pp. 7675-7685. [10.1007/s00253-019-09996-5]

Availability:

This version is available at: 11388/226243 since: 2022-05-16T19:02:08Z

Publisher:

Published

DOI:10.1007/s00253-019-09996-5

Terms of use:

Chiunque può accedere liberamente al full text dei lavori resi disponibili come "Open Access".

Publisher copyright

note finali coverpage

(Article begins on next page)

[Click here to view linked References](#)

1 **The administration of L-cysteine and L-arginine inhibits biofilm formation in wild-type**
2 **biofilm-forming yeast by modulating *FLO11* gene expression**

3
4
5 4 **Giacomo Zara^{1*}, Marc Bou Zeidan², Francesco Fancello¹, Maria Lina Sanna¹, Ilaria Mannazzu¹,**
6
7 5 **Marilena Budroni¹ and Severino Zara^{1*}**

8
9
10 6 ¹Department of Agricultural Sciences, University of Sassari, Sassari, Italy

11
12 7 ²Department of Agri-Food Sciences, Holy Spirit University of Kaslik, Jounieh, Lebanon

13
14 8
15
16 9 *Corresponding authors:

17
18 10 Dr. Giacomo Zara: gzara@uniss.it; Tel +390792293286

19
20 11 Dr. Severino Zara: szara@uniss.it; Tel +39079229386

21
22 12 Department of Agricultural Sciences, University of Sassari, v.le Italia, 39 - 07100 - Sassari (SS),
23 ITALY

24
25
26 14
27
28 15 **ABSTRACT**

29
30 16 Microbial biofilms are undesired in food manufacturing, drinking water distribution systems, and
31
32 17 clinical realms. Yeast biofilms are particularly problematic because of the strong capacity of yeast
33
34 18 cells to adhere to abiotic surfaces, cells and tissues. Novel approaches have been developed over
35
36 19 recent years to prevent the establishment of microbial biofilms, such as through the use of small
37
38 20 molecules with inhibiting and dispersing properties. Here, we studied the inhibitory activity of 11
39
40 21 different amino acids on the biofilm formation ability of three wild-type *S. cerevisiae* strains and the
41
42 22 reference strain Σ 1278b. Subsequent evaluation of different concentrations of the two most
43
44 23 effective amino acids, namely arginine and cysteine, revealed that they acted in different ways.
45
46 24 Arginine prevented biofilm formation by reducing *FLO11* gene expression; its addition did not
47
48 25 affect cell viability and was even found to enhance cell metabolism (vitality marker) as determined
49
50 26 by Phenotype Microarray (PM) analysis. On the contrary, the addition of cysteine reduced both cell
51
52 27 viability and vitality as well as *FLO11* expression. Thus, the use of cysteine and arginine as agents
53
54 28 against biofilm formation can be diversified depending on the most desired action towards yeast
55
56 29 growth.

57
58 31 **Keywords:** flor yeast; adhesion to plastic; phenotype microarray; RealTime PCR; *FLO11*

INTRODUCTION

Biofilms are generally undesired, especially within the clinical realm, where microorganisms can colonize devices and implants, such as dental prostheses, heart valves, orthopedic implants, etc. (Tan et al. 2014), as well as various host tissues (Kumamoto and Vences, 2005, Gow et al. 2012). The growth of adverse biofilms has also been reported in food processing and drinking water distribution systems (Abdallah et al. 2014, Gomes et al. 2014). In contrast, microbial biofilms can be beneficial in a plethora of biotechnological processes. For instance, huge potentials lie in the clean-up of hazardous waste sites, the filtering of biofuels and wastewaters, and the formation of bio-barriers to protect soil and groundwater from contamination (Ashraf et al. 2014). They are also crucial in many food processes, for example, in the maturation of cheeses and sausages (Licitra et al. 2007, Feofilova et al. 2013, Giaouris et al. 2014), and in the biological aging of wine (Budroni et al. 2005, Legras et al. 2016).

The formation of a biofilm is a cellular response to nutritional signals that allows yeast cells to modify their morphology and metabolism and adapt to environmental changes. In particular, the activation of *FLO11* transcription, through a network that comprises the cAMP/PKA, MAPK and TOR pathways, is essential for biofilm formation as well as pseudohyphal and invasive growth in yeast (Vinod et al., 2008; Zara et al., 2012). The availability of ammonium, or specific amino acids when used as sole nitrogen sources, modulates *FLO11*-dependent phenotypes (Lorenz and Heitman, 1998; Braus et al., 2003; Zara et al., 2011). For example, Gimeno et al. (1992) showed that pseudohyphal differentiation and invasive growth are responses to the availability of proline. Lorenz and Heitman (1998) observed pseudohyphal growth on proline and glutamine-based medium. Bou Zeidan et al. (2014) reported the reduction of biofilm formation by *S. cerevisiae* when L-histidine was added as the sole nitrogen source. Similarly, Szafranski-Schneider et al. (2012) found that L-histidine modulates biofilm formation in *Candida albicans*. Moreover, methionine, valine, and phenylalanine have all been found to induce pseudohyphal morphology in *Pichia fermentans* (Sanna et al. 2012).

In view of these observations, amino acids are therefore promising molecules for the modulation of biofilm formation in yeasts. In the present study, we tested the activity of 11 different amino acids on three wild-type biofilm-forming *S. cerevisiae* strains and the reference strain Σ 1278b by evaluating the dose-response relationship, biofilm formation, and cell growth. The activities of cysteine and arginine, the two most promising amino acids against biofilm formation, were further investigated through analysis of *FLO11* expression and the phenotype microarray (PM) technique.

66 MATERIALS AND METHODS

67 *Yeast strains, media and culture conditions*

68 The *S. cerevisiae* yeast strains used in this study are reported in **Table 1**. A9, M23 and V80 flor
69 strains were isolated from “Arvisionadu”, “Malvasia di Bosa”, and “Vernaccia di Oristano” wines,
70 respectively, in Sardinia, Italy, and differ in their *FLO11* gene lengths and expression levels (Zara et
71 al. 2009). These strains are deposited in the culture collection of the University of Sassari (Italy),
72 associate member of the Microbial Resource Research Infrastructure – Italian Joint Research Unit
73 (www.mirri-it.it). Σ 1278b strain is a standard background for studying filamentous growth and
74 biofilm formation (Granek and Magwene 2010) and its inclusion facilitates comparisons of the
75 results obtained in this and previous studies. Yeast strains were cultured in YPD medium (1% Yeast
76 extract, 2% Peptone, 2% Glucose), 20% YPD medium (1% Yeast extract, 2% Peptone, 20%
77 Glucose), SC medium (0.17% Yeast Nitrogen Base without ammonium sulfate and amino acids,
78 0.5% ammonium sulfate, 2% glucose), flor medium (0.17% of Yeast Nitrogen Base without
79 ammonium sulfate and amino acids, 0.5% ammonium sulfate, 4% ethanol) and in Biolog specific
80 IFY-0 medium (1x IFY-0 culture medium, 20 mM D-glucose, 5 mM KH_2PO_4 , 2 mM NaSO_4 , and
81 1x DyeD Biolog). Cells were prepared as follows: after an overnight incubation in 5 mL YPD at
82 25°C and with 200 rpm agitation, aliquots of the cultures were inoculated into fresh YPD and
83 incubated for 4 h under the same culture conditions to reach the exponential phase (0.4 to 0.5 values
84 of optical density at 600 nm, OD600), washed, suspended in sterile water to the desired
85 concentration, and inoculated into the different media under investigation.

86 *Dose-response analysis*

87 Dose-response assays were carried out according to Bou Zeidan et al. (2014) in 96-well microtiter
88 plates. Briefly, 5×10^4 cells/mL were inoculated into microtiter wells containing SC medium and
89 varying concentrations (0 to 40 mM) of a single amino acid as the sole nitrogen source. The amino
90 acids investigated were: L-arginine, L-lysine, L-histidine, L-phenylalanine, L-tryptophan, L-
91 threonine, L-proline, L-serine, L-leucine, and L-valine. The microtiter plates were incubated under
92 agitation at 30°C for 48 h in SC medium and growth was measured automatically every 30 min at
93 OD₆₀₀ using a *SPECTROstar* nano-microplate spectrophotometer (BMG Labtech, Ortenberg,
94 Germany). The DMFit software (Institute of Food Research, Norwich, UK), based on the Baranyi
95 model (Baranyi and Roberts, 1994), was used to fit growth curves and obtain growth parameters.

97 *Biofilm formation and cell viability.*

98 Biofilm formation on plastic was evaluated as previously described (Reynolds & Fink, 2001), but

99 with some modifications as described by Bou Zeidan et al. (2014). Aliquots of 100 μ L of cell
100 suspensions containing 5×10^6 cells/mL in flor medium supplemented with 10 mM L-arginine, L-
101 lysine, L-histidine, L-phenylalanine, L-tryptophan, L-threonine, L-proline, L-serine, L-leucine, L-
102 cysteine, or L-valine were dispensed into 96-well polystyrene microtiter plates (Costar 3595,
103 Corning, NY). Cell suspensions were incubated statically at 30°C for 48 h. Then, an equal volume
104 of 1% (w/v) crystal violet was added to each well. After 30 min, the wells were washed with sterile
105 water and cell adherence to the well walls was quantified by solubilizing the retained crystal violet
106 in 100 μ L 10% (w/v) SDS and an equal volume of sterile water. After 30 min, 50 μ L of these
107 solutions were transferred into fresh 96-well polystyrene microtiter plates and the A_{570} then
108 measured spectrophotometrically. Cell viability was determined following serial dilution by spot
109 tests and plate counts on YPD agar plates. For the spot test and plate count assays, a duplicate of the
110 biofilm formation assay was used and serial dilutions (1/10) were set by spotting 10 μ L of cell
111 suspension after solubilizing the biofilm. The effect of 2 mM, 5 mM, 10 mM, and 20 mM L-
112 arginine and L-cysteine concentrations, each added separately, on yeast adherence was evaluated as
113 described above.

114 115 *Quantitative Real time PCR.*

116 Yeast cells were inoculated (5×10^6 cells/mL) into SC medium supplemented with 5 mM L-arginine
117 or L-cysteine and incubated for 48 h at 25°C (no agitation). Three independent biological replicates
118 were analyzed for each sample. Cells were collected by centrifugation and kept at -80°C until
119 processed for RNA isolation. Total RNA was extracted using the AurumTM Total RNA Mini Kit
120 (Bio-Rad, Milan, Italy). Two micrograms of total RNA were retrotranscribed using the iScriptTM
121 cDNA synthesis kit (Invitrogen Life Technologies, Milan, Italy). Quantitative real time PCR
122 (qPCR) was performed using a PikoReal Real-Time PCR System (Thermo Scientific, Milan, Italy)
123 using the Maxima SYBR Green qPCR Master Mix (Thermo Scientific Milan, Italy) with the primer
124 pairs reported in **Table 2**. The thermal profile was as follows: UDG pre-treatment (50°C for 2 min);
125 activation step (95°C for 10 min); amplification step (40 cycles of: 95°C for 15 s; 58°C for 10 s;
126 and 72°C for 30 s); melting curve program (95°C for 10 s, 60°C for 15 s, 95°C with a heating rate
127 of 0.1°C/s); and cooling step (40°C for 30 s). Differences in *FLO11* transcription levels among
128 different samples were assessed by evaluating sample-specific efficiencies, as proposed by Rao et
129 al. (2013). As suggested by Derveaux et al. (2010), three housekeeping genes were evaluated. The
130 housekeeping genes *ACT1*, *ARF1*, and *SUM1* were selected as those with the greatest transcription
131 stability in flor strains (Zara et al. 2008), as determined by three different validation programs
132 (Jacob et al. 2013).

133 *Phenotype microarray*

134 The phenotype microarray (PM) analysis was carried out using PM3B microtiter plates purchased
135 from Biolog, Omnilog (Hayward, CA, USA), which allowed the screening of 95 different nitrogen
136 sources, including single amino acids, di/tripeptides, purines, etc. (Bochner 2001). Yeast strains
137 were grown on YPD agar plates overnight at 25°C and resuspended in 15 mL nutrient supplement
138 solution using a sterile cotton swab. Cell density was adjusted to 62% transmittance on a Biolog
139 turbidimeter, as equivalent to an OD₆₀₀ of 0.22 (2-3 x10⁶ cells/mL). The final inoculating fluids
140 were prepared by diluting the cell suspension 48-fold (62% transmittance in nutrient supplement
141 solution) in IFY-0 apposite culture medium supplemented with 5mM L-Arginine or 5mM L-
142 cysteine. Then, 100 µL of the final inoculating fluids were seeded onto the Biolog PM3B plate and
143 incubated statically at 30°C in an Omnilog Reader for 96 h. Each experiment was performed in
144 duplicate. The quantitative color changes were recorded automatically for each well every 15 min
145 using a CCD camera.

146
147 *Statistical analyses*

148 If not otherwise stated, statistical analyses were performed in triplicate (at least) using independent
149 cultures. A linear mixed effect analysis of the relationship between growth and amino acid
150 concentration was carried out using R (R Core Team, 2016) and the “lme4” package (Bates et al.,
151 2015). In the model, the fixed effect was the amino acid concentration, while intercepts for strains
152 and by-strain random slopes for the effect of amino acid concentration were the random effects.
153 Visual inspection of residual plots did not reveal any obvious deviations from homoscedasticity or
154 normality. P-values were obtained by likelihood ratio tests of the full model with the effect in
155 question against the model without considering the effect in question. The kinetic responses of the
156 strains obtained from the Omnilog Reader were analyzed using Omnilog-PM software (Biolog, Inc.,
157 Hayward, CA, USA) as well as R (R Core Team, 2016) and the “opm” package (Lea et al., 2013).
158 The function do_aggr in the opm package was used to calculate curve parameters from the kinetic
159 raw data via spline-fitting; the function heat_map from the same package allowed the clusterization
160 of observations and variables using the complete linkage method and the Euclidean distance
161 measure.

162
163 **RESULTS**

164 *Dose-response analysis in the presence of amino acids*

165 Dose-response analysis showed that the L-amino acids histidine, arginine, lysine, and cysteine
166 exerted a growth inhibition effect on all the strains with an MIC of 40 mM for histidine and 10 mM

167 for arginine, lysine, and cysteine. No growth inhibition was observed for any of the tested
168 concentrations of serine, leucine, phenylalanine, proline, threonine, valine, or tryptophan (**Figure**
169 **1**).

170 *Biofilm formation in the presence of amino acids*

171 In all the *S. cerevisiae* strains tested, biofilm formation was significantly reduced by histidine,
172 arginine, lysine, and cysteine when added at concentrations \leq MIC (**Figure 2**). Tryptophan,
173 phenylalanine, and threonine showed limited growth inhibition activity. On the contrary, biofilm
174 formation was enhanced by serine, valine, and proline (always used singularly) in a strain-
175 dependent manner. Overall, the inhibitory effects of arginine and cysteine on biofilm formation
176 were the most potent across all the tested strains; these two amino acids were therefore selected for
177 future analysis.

178 *Biofilm formation at different arginine and cysteine concentrations.*

179 To evaluate better the effect of different concentrations of arginine and cysteine on biofilm
180 formation, 0, 2, 5, 10, and 20 mM cysteine or arginine were added to the biofilm-inducing medium.
181 Both amino acids reduced biofilm formation in a similar manner (**Figure 3**). Arginine affected
182 adherence to plastic ($\chi^2(1)=8.4713$, $p=0.0036$), lowering it by about $0.0011 \text{ OD}_{570} \pm 0.0002$
183 (standard errors). Similarly, cysteine addition affected adherence to plastic ($\chi^2(1) = 9.4344$,
184 $p=0.00213$), lowering it by $0.0013 \text{ OD}_{570} \pm 0.0002$ (standard errors). In all the strains, significant
185 biofilm reduction was observed at the sub MIC value of 5 mM arginine and 5 mM cysteine.

186 *Cell growth at different arginine and cysteine concentrations.*

187 Considering that the observed decrease in biofilm formation could be the consequence of reduced
188 cell growth, total cell populations were determined (by OD600) following the addition of 0, 2, 5,
189 10, and 20 mM cysteine and arginine. Contrary to what was observed for biofilm formation, the two
190 amino acids had different effects (**Figure 4**). While the addition of cysteine significantly affected
191 cell growth ($\chi^2(1)= 11.177$, $p=0.0008$), lowering it by about $0.013 \text{ OD}_{600} \pm 0.002$ (standard errors),
192 arginine had no significant effect ($\chi^2(1)= 1.3783$, $p=0.2404$), when considering the cumulative
193 responses of the three strains. In more details, increasing arginine concentration from 0mM to 5mM
194 significantly ($p<0.05$) induced A9 and V80 growth while it reduced that of M23. Further addition of
195 arginine had no significant effect on yeast growth.

196 *FLO11 transcription in presence of 5 mM arginine or 5 mM cysteine.*

197 *FLO11*, a key gene required for cell adherence to plastic surfaces and other related phenotypes, is
198 regulated by the availability of nitrogen sources in the medium. Thus, the observed reduced biofilm

199 formation in the presence of arginine and cysteine could be due to the inhibition of *FLO11*
200 transcription. The results of PCR analysis show that *FLO11* transcription is significantly reduced
201 (p<0.05) following the addition of 5 mM arginine or 5 mM cysteine in all of the strains tested, with
202 the exception of V80 in presence of cysteine. In particular, arginine addition reduced *FLO11*
203 transcription in A9, M23, and V80 by 4.094 ± 0.06 , 7.00 ± 0.07 , and $1.868 \pm 0.07 \text{ Log}_2 (\Delta\Delta\text{Ct})$,
204 respectively. Cysteine addition reduced *FLO11* transcription in A9, M23, and V80 by 1.99 ± 0.05 ,
205 2.38 ± 0.06 , and $0.31 \pm 0.07 \text{ Log}_2 (\Delta\Delta\text{Ct})$, respectively.

206 *Phenotype microarray (PM) analysis in the presence of 5 mM arginine or 5 mM cysteine*

207 PM technology measures a cell's metabolic output, allowing the evaluation of cell "vitality",
208 defined as the cell's overall physiological capabilities. Similar to the effects observed on cell
209 growth, the addition of arginine induced a strong increase in cell metabolism (detected as an
210 increase in the intensity of cellular respiration). An increase also was observed in response to
211 cysteine, albeit significantly lower (**Figure S1**). To evaluate in more detail the interaction among
212 nitrogen sources, PM respiration curves were parametrized using the spline-fitting method and the
213 maximum respiration rates obtained were analyzed by cluster analysis (**figure 5**). Despite their
214 distinct genetic backgrounds, all strains behaved similarly in the presence/absence of 5mM arginine
215 or 5mM cysteine. In particular, arginine addition increased the respiration rates of all three strains in
216 all the media tested (cluster A). The addition of cysteine (cluster C) caused very little change in the
217 respiration rates of the three strains compared with control conditions (cluster B). Regarding
218 possible interactions between the nitrogen sources tested and the addition of cysteine or arginine,
219 three major clusters were identified. Cluster "1" groups the less preferred nitrogen sources, as they
220 are poorly utilized in the control media and following cysteine addition. The nitrogen sources listed
221 in cluster "3" induced high cellular respiration rates independently from the addition of arginine or
222 cysteine. Finally, nitrogen sources that elicited different responses in the three conditions tested are
223 grouped into cluster "2". In-depth analysis of the raw kinetics of the three strains in this last cluster
224 allowed us to evaluate better the effect of cysteine addition on yeast metabolic profiles (**Figure 6**).
225 The addition of 5mM cysteine induced lower respiration rates in media containing proline,
226 threonine, or dipeptides containing alanine, glutamate or glycine. This suggests a negative
227 interaction between cysteine and these nitrogen sources.

228 *Confirmatory analyses of the effect of 5 mM arginine and 5 mM cysteine on the Σ 1278b strain*

229 To confirm the results obtained on the wild-type strains, the same set of analyses were carried out
230 using *S. cerevisiae* Σ 1278b that has been widely used for the study of *FLO11*-dependent
231 phenotypes. The addition of either cysteine or arginine significantly reduced biofilm formation even

232 at the lowest concentration tested (**Figure S2**). $\Sigma 1278b$ growth was not affected by arginine
233 addition, as also observed in the wild-type strains, but it was significantly inhibited in a dose-
234 dependent manner in the presence of increasing concentrations of cysteine. The results of the gene
235 expression analysis are also in accordance with the previous observation that the addition of 5 mM
236 arginine or 5 mM cysteine causes a significant ($p < 0.05$) decrease in *FLO11* transcription levels. In
237 particular, arginine and cysteine addition reduced *FLO11* transcription by 2.874 ± 0.05 and $1.495 \pm$
238 $0.06 \text{ Log}_2 (\Delta\Delta Ct)$, respectively. Finally, PM analysis confirmed that arginine addition increased the
239 respiration rate in all the media tested, whereas cysteine did not alter the metabolic profile of
240 $\Sigma 1278b$ (**Figure S3**).

241

242

243

244

245

246

247

248

249

250

251

252

253

254

255

256

257

258

259

260

261

262

263

264

265

266

267

268

269

270

271

272

273

274

275

276

277

278

279

280

281

282

283

284

285

286

287

288

DISCUSSION

Nitrogen metabolism in *S. cerevisiae* governs the outcome of major developmental decisions that lead to cell morphological differentiation. In particular, it has been shown that limiting access to ammonia induces yeast cells to undergo pseudohyphal differentiation, invasive growth, and biofilm formation (Gagiano et al., 2002; Zara et al., 2010). The aim of the present work was to further our understanding of the role of nitrogen sources on yeast morphological differentiation. We found that the addition of 10mM histidine, arginine, lysine, cysteine, tryptophan, phenylalanine and threonine reduces biofilm formation in three *Saccharomyces cerevisiae* wild-type strains as well as in the reference strain $\Sigma 1278b$. The resulting impairment of biofilm development could be due to specific or unspecific effects exerted by amino acids on yeast metabolism. Specific effects may entail the inhibition of genes or biochemical pathways required for biofilm development, whereas unspecific effects may be the consequence of reduced cell viability and vitality. Indeed, although amino acids are essential for a yeast cell's metabolism, they can also be toxic when present at high levels.

Risinger et al. (2006) showed that *S. cerevisiae* cells experience severe growth defects when high concentrations of individual amino acids are added to the medium. Ruiz et al. (2017) reported a significant reduction in the biomass of *S. cerevisiae* BY4709 following the addition of 5 mM of individual amino acids to the culture media. In agreement with these studies, we observed a significant reduction in the growth of yeast cells cultured in rich media (YEPD) following the addition of histidine, arginine, lysine or cysteine at concentrations above 10mM. On the contrary, we did not observe any growth inhibition for any tested concentrations of serine, leucine, phenylalanine, proline, threonine, valine, and tryptophan.

In acknowledgment of the rising demand for the development of novel approaches to prevent the growth of microbial biofilms via, for example, the utilization of small molecules with inhibiting and

265 dispersing properties (López-García et al. 2002; Bou Zeidan et al. 2013), we further evaluated the
266 effect of arginine and cysteine on biofilm formation, cell viability, vitality, and *FLO11* gene
267 expression. Arginine and cysteine were confirmed to be the amino acids most active against biofilm
268 formation, reducing biofilm formation by 68.6 ± 15.2 % and 54.78 ± 17.57 %, respectively.
269 However, the results obtained suggest that the different yeast strains respond in different ways to
270 these two amino acids.

271 Increasing concentrations of arginine completely abolished biofilm formation without affecting cell
272 viability and vitality. This result is not totally in line with that of Ruiz et al. (2017), who found
273 5mM of arginine to significantly reduce growth, but not abolish it. These authors assessed the effect
274 of amino acids on the BY4709 strain, which has a laboratory yeast S288c background; whereas we
275 used three wild-type strains isolated from a winery environment. Considering that wine is
276 particularly rich in arginine, usually as high as 3 mM (Bouloumpasi et al. 2002), wine strains of *S.*
277 *cerevisiae* could be better adapted to high concentrations of this amino acid in the medium. In
278 addition, PM analysis showed that arginine significantly reduced the lag phase, suggesting that
279 arginine was preferred among the nitrogen sources tested. The same conclusion was drawn by
280 Jiranek et al. (1995), who assessed the order of nitrogen source preference for *S. cerevisiae* growing
281 on synthetic grape juice media. Furthermore, Crepìn et al. (2012) found that wild strains of *S.*
282 *cerevisiae* removed arginine at high rates from a chemically defined medium.

283 Previous studies have shown a correlation between the assimilation of specific nitrogen sources and
284 *FLO11*-dependent phenotypes. Lorentz and Heiman (1998) showed that the ammonium transporter
285 Mep2p is essential for *FLO11* transcription and the filamentous growth of *S. cerevisiae*. Torbensen
286 et al. (2012) suggested that amino acid transporters are similarly essential for *FLO11* transcription.
287 In this respect, assimilation of nitrogen sources is regulated in yeast by the nitrogen catabolite
288 repression (NCR) mechanism, which controls the general amino acid permease Gap1p and the
289 ammonium permease Mep2p. Gap1p is proposed to be the major yeast transporter of arginine under
290 arginine-rich conditions (Crepìn et al. 2012). In addition, Torbensen et al. (2012) found that Gap1p
291 induces invasive growth by increasing amino acid pool levels and eliciting *FLO11* gene expression.
292 Considering these facts, we hypothesized that arginine affects biofilm formation through a direct
293 mechanism, mediated by the Gap1p transporter, that includes the regulation of *FLO11* transcription.
294 Indeed, we found that the transcription level of *FLO11* was significantly lower in the presence of
295 arginine compared with that for control medium for all the strains tested.

296 The activity of cysteine against bacterial and yeast biofilms has already been described. Zhao and
297 Liu (2010) showed N-acetyl cysteine to exert anti-bacterial properties towards *Pseudomonas*

298 *aeruginosa* and proposed that it may mediate the detachment of *P. aeruginosa* biofilms. Moreover,
299 L-cysteine, mixed with other amino acids and nisin, prevents biofilm formation by *Streptococcus*
300 *mutans* (Tong et al. 2014). With regard to yeasts, Abd El-Baky et al. (2014) found that N-acetyl
301 cysteine inhibits and eradicates *Candida albicans* biofilms.

302 Our results support the hypothesis that cysteine counteracts biofilm formation through an indirect
303 mechanism. Indeed, both cell viability and cell vitality were significantly affected by cysteine
304 addition. The toxicity of cysteine against yeast cells, for concentrations above 20 mg/L, has been
305 known for over 50 years (Maw, 1963). Pinu et al. (2014) suggested that *S. cerevisiae* only consumes
306 very small quantities of cysteine as a source of sulfur and not in order to support growth. Thus, the
307 reduced *FLO11* transcription levels observed after cysteine addition could be related to the general
308 impairment of cell metabolism.

309 In conclusion, L-arginine and L-cysteine are promising molecules for the prevention of biofilm
310 formation by yeast. Regarding their mode of action, we found that antimicrobial and anti-biofilm
311 activities were not necessarily linked in all the different strains investigated. Arginine addition
312 increases both cell viability and respiration rates, whereas the addition of cysteine causes a
313 reduction in both of these parameters. Their use should therefore be assessed in function of the
314 action required towards cell growth.

316 **Acknowledgments**

317 The authors would like to thank the “Centro Servizi di Ateneo per la Ricerca – CeSAR” of the
318 University of Sassari, for the utilization of the Phenotype Microarray© platform. G.Z. gratefully
319 acknowledges the Sardinia Regional Government for the financial support of his research grant
320 (Regional Operational Program of the European Social Fund (ROP ESF) 2014-2020 – Priority axis
321 3 "Education and training"; Thematic objective:10; Investment Priority: 10ii; Specific Objective:
322 10.5; Action of the Partnership Agreement: 10.5.12 -C.U.P. J86C18000270002).

324 **Compliance with Ethical Standards**

325 *Conflict of interest*

326 The authors declare that they have no conflict of interest.

327 *Ethical approval*

328 This article does not contain any studies with human participants or animals performed by any of
329 the authors.

3

330

5

6

331

REFERENCES

332

9

333 Abd El-Baky RM, Abo El Ela DMM, Gad Gamal FM (2014) N-acetylcysteine inhibits and
334 eradicates *Candida albicans* biofilms. *Am J Infect Dis Microbiol* 5: 122-130.

335 Abdallah M, Benoliel C, Drider D, Dhulster P, Chihib NE (2014) Biofilm formation and persistence
336 on abiotic surfaces in the context of food and medical environments. *Arch Microbiol* 196: 453-472.
337 doi: 10.1007/s00203-014-0983-1

338 Ashraf MA, Ullah S, Ahmad I, Qureshi AK, Balkhair KS, Abdur Rehman M (2014) Green
339 biocides, a promising technology: current and future applications to industry and industrial
340 processes. *J Sci Food Agr* 94: 388-403. doi: 10.1002/jsfa.6371

341 Baranyi J, Roberts TA (1994) A dynamic approach to predicting bacterial growth in food. *Int J*
342 *Food Microbiol* 23: 277–294.

343 Bates D, Maechler M, Bolker B, Walker S (2015) Fitting linear mixed-effects models using lme4. *J*
344 *Stat Softw* 67:1-48. doi: 10.18637/jss.v067.i01

345 Bochner BR (2011) Phenotype microarrays for high-throughput phenotypic testing and assay of
346 gene function. *Genome Res* 11:1246-1255.

347 Bou Zeidan M, Carmona L, Zara S, Marcos JF (2013) *FLO11* gene is involved in the interaction of
348 flor strains of *Saccharomyces cerevisiae* with a biofilm-promoting synthetic hexapeptide. *Appl*
349 *Environ Microbiol* 79: 6023-6032. doi: 10.1128/AEM.01647-13

350 Bou Zeidan M, Zara G, Viti C, Decorosi F, Mannazzu I, Budroni M, Giovannetti L, Zara S (2014)
351 L-Histidine inhibits biofilm formation and *FLO11*-associated phenotypes in *Saccharomyces*
352 *cerevisiae* flor yeasts. *PLoS ONE* 9:e112141. doi: 10.1371/journal.pone.0112141.

353 Bouloumpasi E, Soufleros EH, Tsarchopoulos C, Biliaderis CG (2002) Primary amino acid
354 composition and its use in discrimination of Greek red wines with regard to variety and cultivation
355 region. *VITIS* 41: 195-202.

356 Brandriss MC, Magasanik B (1979) Genetics and physiology of proline utilization in
357 *Saccharomyces cerevisiae*: mutation causing constitutive enzyme expression. *J Bacteriol* 140:504-
358 507.

359 Braus GH, Grundmann O, Bruckner S, Mösch HU (2003) Amino-acid starvation and Gcn4p
360 regulate adhesive growth and *FLO11* gene expression in *Saccharomyces cerevisiae*. *Mol Biol Cell*
361 14: 4272–4284. doi: 10.1091/mbc.E03-01-0042

362 Budroni M, Giordano G, Pinna G, Farris GA (2000) A genetic study of natural flor strains of
363 *Saccharomyces cerevisiae* isolated during biological ageing from Sardinian wines. *J Appl Microbiol*
364 89:657-662.

365 Budroni M, Zara, S, Zara G, Pirino G, Mannazzu I (2005) Peculiarities of flor strains adapted to
366 Sardinian sherry-like wine ageing conditions. *FEMS Yeast Res* 5: 951-958.

367 Crepin L, Nidelet T, Sanchez I, Dequin S, Camarasa C (2012) Sequential use of nitrogen
368 compounds by *Saccharomyces cerevisiae* during wine fermentation: a model based on kinetic and
369 regulation characteristics of nitrogen permeases. *Appl Environ Microbiol* 78: 8102–8111. doi:

62

63

64

65

- 370 10.1128/AEM.02294-12
- 371 Derveaux S, Vandesompele J, Hellemans J (2010) How to do successful gene expression analysis
372 using real-timePCR. *Methods* 50:227–230.
- 373 Feofilova EP, Galanina LA, Sergeeva YE, Mysyakina IS (2013) Strategies of food substrate
374 colonization by mycelial fungi. *Microbiology (Russian Federation)* 82: 11-14. doi:
375 10.1134/S0026261712060057
- 376 Gagiano M, Bauer FF, Pretorius IS (2002) The sensing of nutritional status and the relationship to
377 filamentous growth in *Saccharomyces cerevisiae*. *FEMS Yeast Res* 2: 433–470.
- 378 Giaouris E, Heir E, Hébraud M, Chorianopoulos N, Langsrud S, Mørsetrø T, Habimana O, Desvaux
379 M, Renier S, Nychas GJ (2014) Attachment and biofilm formation by foodborne bacteria in meat
380 processing environments: causes, implications, role of bacterial interactions and control by
381 alternative novel methods. *Meat Sci* 97: 289-309. doi: 10.1016/j.meatsci.2013.05.023
- 382 Gimeno CJ, Ljungdahl PO, Styles CA, Fink GR (1992) Unipolar cell divisions in the yeast *S.*
383 *cerevisiae* lead to filamentous growth: regulation by starvation and RAS. *Cell* 68:1077–1090.
- 384 Gomes IB, Simões M, Simões LC (2014) An overview on the reactors to study drinking water
385 biofilms. *Water Res* 62: 62-87.
- 386 Gow NAR, Van De Veerdonk FL, Brown AJP, Netea MG (2012) *Candida albicans* morphogenesis
387 and host defence: discriminating invasion from colonization. *Nat Rev Microbiol* 10: 112-122. doi:
388 10.1038/nrmicro2711.
- 389 Granek JA, Magwene PM (2010) Environmental and genetic determinants of colony morphology in
390 yeast. *PLoS Genet* 6:e1000823. doi: 10.1371/journal.pgen.1000823
- 391 Greetham D (2014) Phenotype microarray technology and its application in industrial
392 biotechnology. *Biotechnol Lett* 36:1153-1160
- 393 Jacob F, Guertler R, Naim S, Nixdorf S, Fedier A, Hacker NF, Heinzelmann-Schwarz V (2013)
394 Careful selection of reference genes is required for reliable performance of RT-qPCR in human
395 normal and cancer cell lines. *PLoS One* 8:e59180. doi: 10.1371/journal.pone.0059180.
- 396 Jiranek V, Langridge P, Henschke PA (1995) Amino acid and ammonium utilization by
397 *Saccharomyces cerevisiae* wine yeasts from a chemically defined medium. *Am J Enol Vitic* 46:75–
398 83.
- 399 Kozera B, Rapacz M. (2013) Reference genes in real-time PCR. *J Appl Genetics* 54:391–406.
- 400 Kumamoto CA, Vences MD (2005) Alternative *Candida albicans* lifestyles: growth on surfaces.
401 *Annu Rev Microbiol* 59: 113-133.
- 402 Lea A.I., Vaas, J. Sikorski, Hofner B, Fiebig A, Buddruhs N, Klenk HP, Göker M (2013) Opm: An
403 R package for analysing OmniLog(R) Phenotype MicroArray data. *Bioinformatics* 29: 1823-1824.
404 doi: 10.1093/bioinformatics/btt291
- 405 Legras JL, Moreno-Garcia J, Zara S, Zara G, Garcia-Martinez T, Mauricio JC, Mannazzu I, Coi
406 AL, Bou Zeidan M, Dequin S, Moreno J, Budroni M (2016) Flor yeast: New perspectives beyond
407 wine aging. *Front Microbiol* 7:1-11. doi: 10.3389/fmicb.2016.00503.
- 408 Licitra G, Ogier JC, Parayre S, Pediliggieri C, Carnemolla TM, Falentin H, Madec MN, Carpino S,
409 Lortal S (2007) Variability of bacterial biofilms of the "tina" wood vats used in the ragusano
410 cheese-making process. *Appl Environ Microbiol* 73: 6980-6987.
- 411 López-García B, Pérez-Payá E, Marcos JF (2002) Identification of novel hexapeptides bioactive
412 against phytopathogenic fungi through screening of a synthetic peptide combinatorial library. *Appl*

- 413 Environ Microbiol 68:2453–2460.
- 414 Lorenz MC1, Heitman J (1998) The MEP2 ammonium permease regulates pseudohyphal
415 differentiation in *Saccharomyces cerevisiae*. *EMBO J* 17:1236-47.
- 416 Maw GA (1963) Sulphur utilization by yeast. *Pure Appl Chem* 7: 655–668.
- 417 Pinu FR, Edwards PJ, Gardner RC, Villas-Boas SG (2014) Nitrogen and carbon assimilation by
418 *Saccharomyces cerevisiae* during Sauvignon blanc juice fermentation. *FEMS Yeast Res* 14:1206-22.
419 doi: 10.1111/1567-1364.12222
- 420 R Core Team (2016) R: A language and environment for statistical computing. R Foundation for
421 Statistical Computing, Vienna, Austria. URL <https://www.R-project.org/>.
- 422 Rao X, Huang X, Zhou Z, Lin X (2013) An improvement of the $2^{-\Delta\Delta CT}$ method for
423 quantitative real-time polymerase chain reaction data analysis. *Biostat Bioinforma Biomath* 3:71-
424 85.
- 425 Reynolds TB, Fink GR (2001) Bakers' yeast, a model for fungal biofilm formation. *Science* 291:
426 878-881.
- 427 Risinger AL, Cain NE, Chen EJ, Kaiser CA (2006) Activity-dependent reversible inactivation of the
428 general amino acid permease. *Mol Biol Cell* 17:4411–4419.
- 429 Ruiz SJ, van't Klooster JS, Bianchi F, Poolman B (2017) Growth inhibition by amino acids in
430 *Saccharomyces cerevisiae*. bioRxiv doi: 10.1101/222224
- 431 Sanna ML, Zara S, Zara G, Migheli Q, Budroni M, Mannazzu I (2012) *Pichia fermentans*
432 dimorphic changes depend on the nitrogen source. *Fungal Biol* 116: 769-777. doi:
433 10.1016/j.funbio.2012.04.008
- 434 Szafranski-Schneider E, Swidergall M, Cottier F, Tielker D, Román E, Pla J, Ernst JF (2012) *MSB2*
435 shedding protects *Candida albicans* against antimicrobial peptides. *PLoS Pathog* 8: e1002501. doi:
436 10.1371/journal.ppat.1002501
- 437 Tan SYE, Chew SC, Tan SY, Givskov M, Yang L (2014) Emerging frontiers in detection and
438 control of bacterial biofilms. *Curr Opin Chem Biol* 26:1-6. doi: 10.1016/j.copbio.2013.08.002
- 439 Tong Z, Zhang L, Ling J, Jian Y, Huang L, Deng D (2014) An in vitro study on the effect of free
440 amino acids alone or in combination with nisin on biofilms as well as on planktonic bacteria of
441 *Streptococcus mutans*. *PLoS ONE* 9:e99513. doi: 10.1371/journal.pone.0099513
- 442 Torbensen R, Moller HD, Gresham D, Alizadeh S, Ochmann D, Boles E, Regenber B (2012)
443 Amino acid transporter genes are essential for *FLO11*-dependent and *FLO11*-independent biofilm
444 formation and invasive growth in *Saccharomyces cerevisiae*. *PLoS One* 7: e41272. doi:
445 10.1371/journal.pone.0041272
- 446 Vinod PK, Sengupta N, Bhat PJ, Venkatesh KV (2008) Integration of global signaling pathways,
447 cAMP-PKA, MAPK and TOR in the regulation of *FLO11*. *PLoS ONE* 3:e1663. doi:
448 10.1371/journal.pone.0001663.
- 449 Zara G, Bardi L, Belviso S, Farris GA, Zara S, Budroni M (2008) Correlation between cell lipid
450 content, gene expression and fermentative behaviour of two *Saccharomyces cerevisiae* wine strains.
451 *J Appl Microbiol* 104:906-14.
- 452 Zara G, Budroni M, Mannazzu I, Zara S (2011) Air-liquid biofilm formation is dependent on
453 ammonium depletion in a *Saccharomyces cerevisiae* flor strain. *Yeast* 28: 809-814. doi:
454 10.1002/yea.1907
- 455 Zara G, Zara S, Pinna C, Marceddu S, Budroni M (2009) *FLO11* gene length and transcriptional

456 level affect biofilm-forming ability of wild flor strains of *Saccharomyces cerevisiae*. *Microbiology*
457 155: 3838-3846. doi: 10.1099/mic.0.028738-0.
2
458 Zara G, Goffrini P, Lodi T, Zara S, Mannazzu I, Budroni M (2012) *FLO11* expression and lipid
459 biosynthesis are required for air-liquid biofilm formation in a *Saccharomyces cerevisiae* flor strain.
460 *FEMS Yeast Res* 12:864-866. doi: 10.1111/j.1567-1364.2012.00831.x.
6
461 Zara S, Gross MK, Zara G, Budroni M, Bakalinsky AT (2010) Ethanol-independent biofilm
462 formation by a flor wine yeast strain of *Saccharomyces cerevisiae*. *Appl Environ Microbiol* 76:
463 4089-4091. doi: 10.1128/AEM.00111-10
10
464 Zhao T, Liu Y (2010) N-acetylcysteine inhibits biofilms produced by *Pseudomonas aeruginosa*.
12 *BMC Microbiol* 10: 140-144. doi: 10.1186/1471-2180-10-140
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

FIGURE LEGENDS

Fig 1 Dose-response curves for *S. cerevisiae* strains treated with different amino acids. Curves show means and standard deviations for three replicates of OD600 measurements 48 h post inoculation in YPD. The *S. cerevisiae* strains investigated were A9 (gray circles), M23 (black squares), and V80 (gray triangles)

Fig 2 Adhesion ability of *S. cerevisiae* strains in the presence of 10 mM of single amino acids. Adhesion ability is expressed as a percentage with respect to the adhesion values (A_{570}) measured in the control condition (SC medium without amino acid). The *S. cerevisiae* strains represented are A9 (panel A), M23 (panel B), and V80 (Panel C). Data are means \pm standard deviations of five independent measurements

Fig 3 Adhesion ability of *S. cerevisiae* after 48 h incubation in the presence of increasing concentrations of arginine (panel A) or cysteine (panel B). Each panel is subdivided into three sub-panels showing the effect of 0, 2, 5, 10, and 20 mM of the specified amino acid on each of the strains tested, namely A9, M23, and V80. Box-Plots indicate the minimum, first quartile, median, third quartile, and maximum absorbance values (A_{570})

Fig 4 Cell density of *S. cerevisiae* after 48 h incubation in the presence of increasing concentrations of arginine (panel A) and cysteine (panel B). Each panel is subdivided into three sub-panels showing the effect of 0, 2, 5, 10, and 20 mM of the specified amino acid on each of the strains tested, namely A9, M23 and V80. Box-Plots indicate minimum, first quartile, median, third quartile, and maximum absorbance values (A_{600})

Fig 5 Cluster analysis of PM data. Maximum AWCD values were obtained from each well of the following: PM3B plate (control), PM3B plate + 5mM arginine (Arg), and PM3B plate + cysteine (Cys). Metabolic outputs were acquired from the *S. cerevisiae* strains A9, M23, and V80. Data are the means of two independent biological replicates

Fig 6 Metabolic outputs of yeast cells in response to 5 mM cysteine in wells A01, B09, B11, H03, H04, and H10 of the PM3B plate. Black circles: 5mM cysteine; gray triangles: control. Data show mean AWCD from *S. cerevisiae* strains A9, M23, and V80 raw values

Table 1. *Saccharomyces cerevisiae* strains used in this study.

Strains	Genetic background	Reference
A9	Wild flor strains of <i>S. cerevisiae</i> isolated from Arvisonadu wine	Budroni et al. 2000
M23	Wild flor strains of <i>S. cerevisiae</i> isolated from Malvasia wine	Zara et al. 2009
V80	Wild flor strains of <i>S. cerevisiae</i> isolated from Vernaccia wine	Zara et al. 2009
Σ1278b	Wild-type; closely related to the reference strain S288c	ATCC 42800. Brandriss and Magasanik, 1979

Table 2. qRT-PCR primer pairs used in this study

Target	Forward primer	Reverse Primer
ACT1	5'-CGTTCCAATTTACGCTGGTT-3'	5'-TCAGCAGTGGTGGAGAAAGA-3'
ARF1	5'-AGATCGCGTATTGGTGAAGC -3'	5'-CATGGCTTCTGGCAAATCTT -3'
SUM1	5'-TTGTGGAACCATCAACGAAA -3'	5'-TTCTTTGCGGTACGGAAGTC -3'
FLO11	5'-AGGTTCAAATGGTGCCAAGA-3'	5'-AGCCACGCTAGAAGCAGAAG-3'

Figure 2

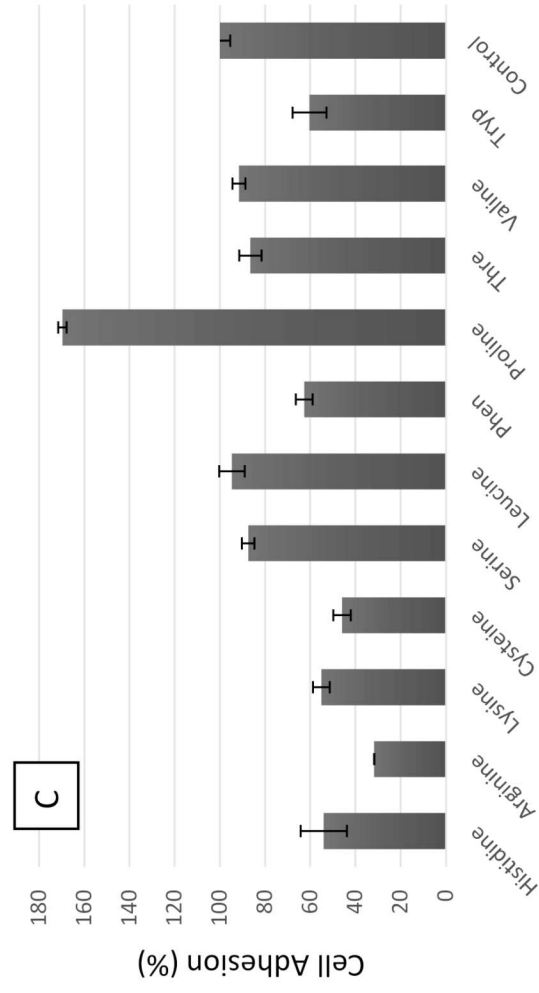
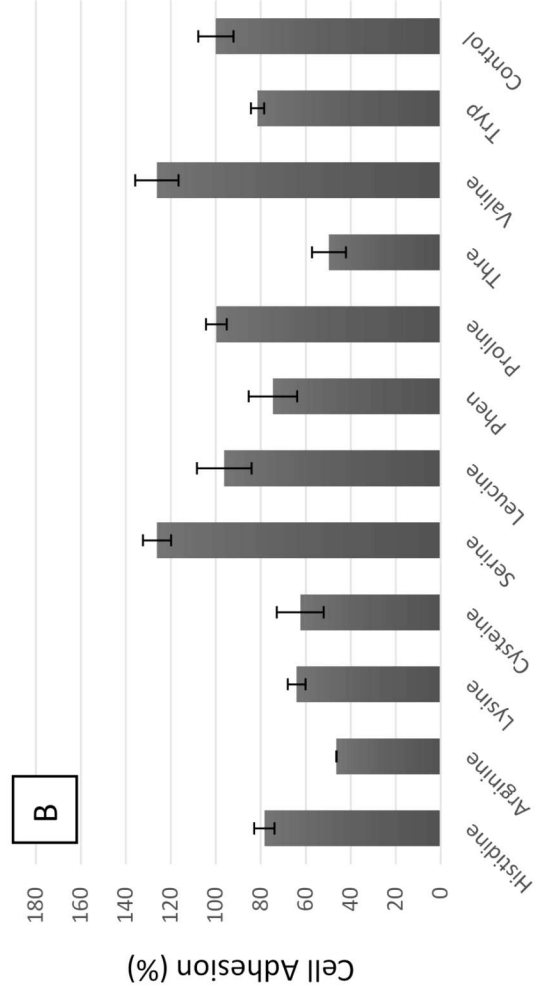
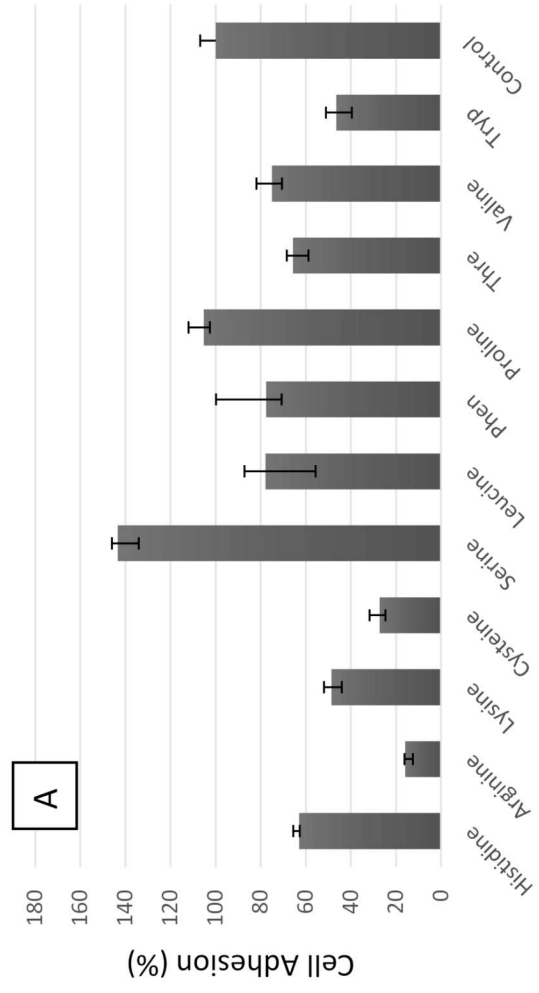
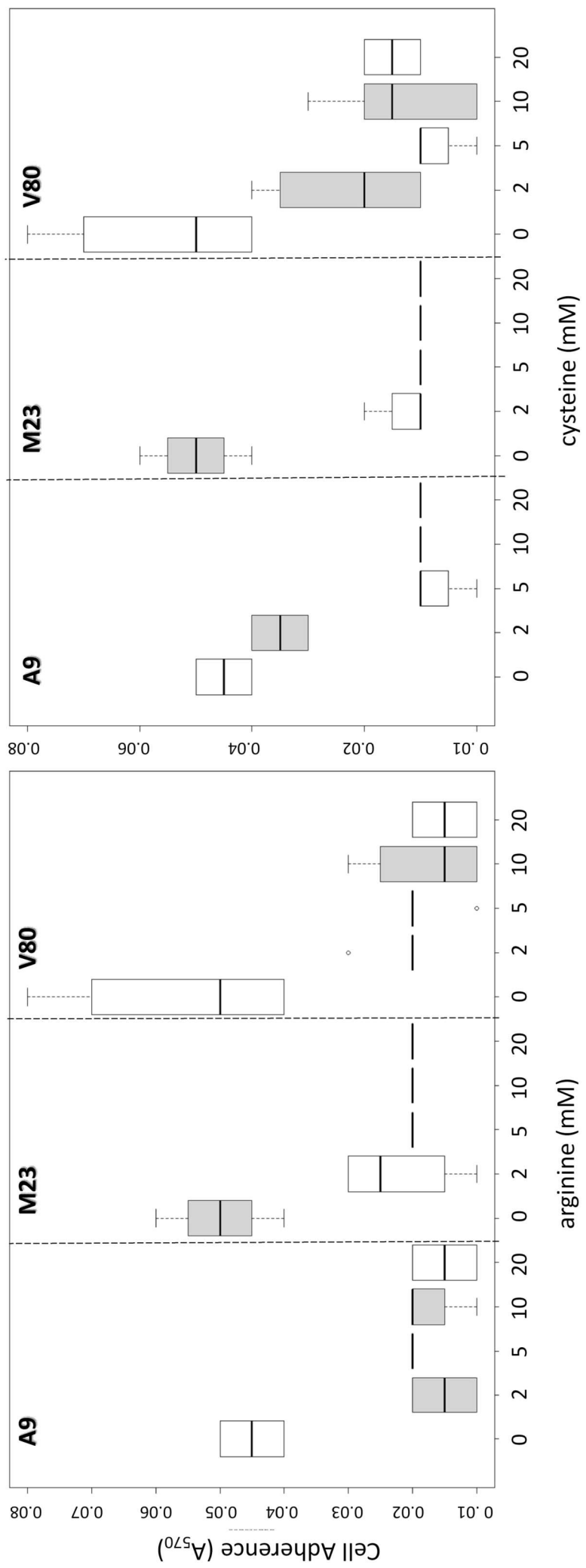


Figure 3



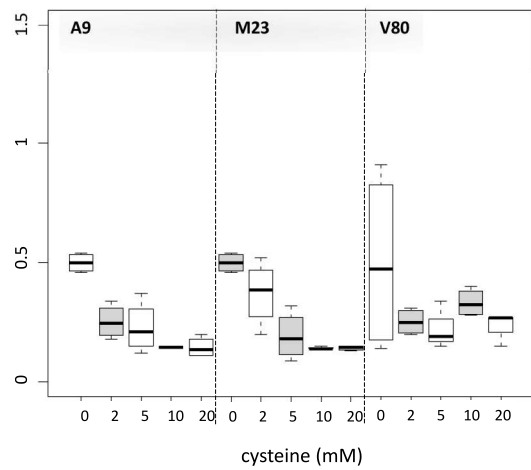
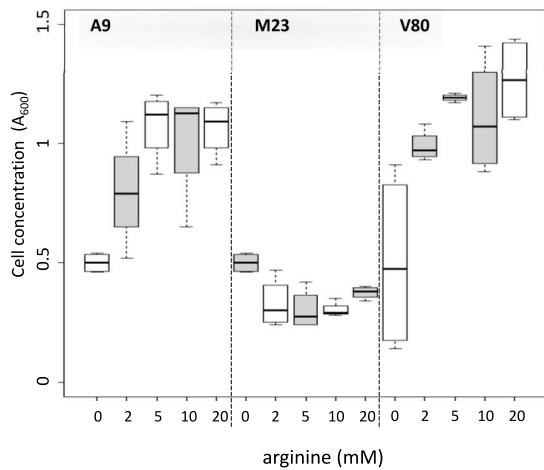


Figure 5

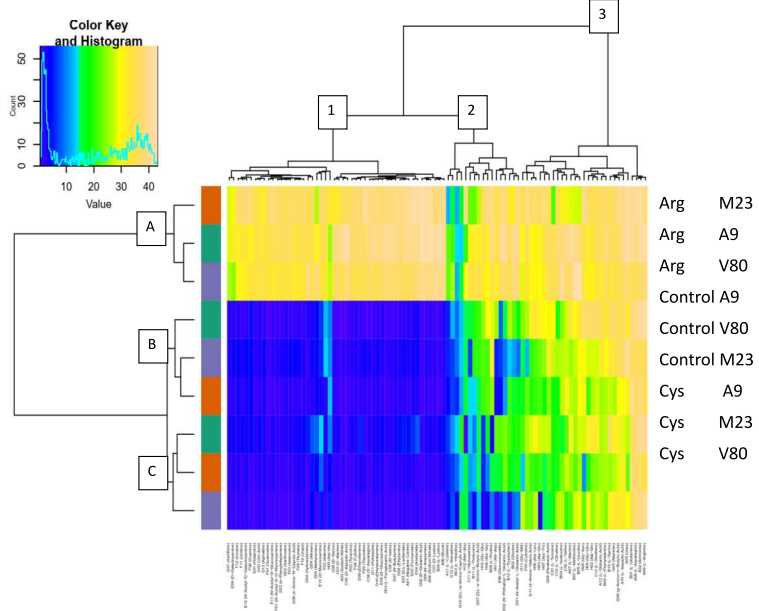


Figure 6

